



PUZZLE PAGE

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Portugal's National Newspaper in English

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Lisbon shortlisted for easyJet base

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Nissan Leaf electric car arriving this

year
Orders for Nissan's
electric car, the Leaf, will
start being accepted from
this July, with the car
expected to move off
showroom floors by
December. (See Page 8)

Wind farm flunked

A three-turbine wind farm planned in Tavira has been rejected by the government after protests from local residents and environmental organisations. (See Page 10)

Pope ends Portugal

Pope Benedict XVI capped his four-day visit to Portugal last Friday, launching a dual appeal to Catholics to embrace missions with renewed "dialogue". (See Page 15)

FC Porto lift Portugal Cup

FC Porto have won their first trophy of the season after beating Chaves in the Portugal Cup final. (See Page 64)

Weekend weather

Weekend weather Lisbon: The warm weather in the capital is set to extend until at least next Sunday with maximums remaining above the 30-degree mark. Faro: The Algarve will record similar warm weather, with no rain in sight in the coming days. The North: Oporto will be warm, but rain is forecast to arrive by next Tuesday.





directory enquiries in English

President reluctantly passes legislation affording gays and lesbians same marital rights as heterosexuals



² news





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"Ilied" says key witness

 $A \,last\,minute\,turn\,of\,events\,has\,post poned\,the\,sentencing\,of\,both\,Brazilian\,men\,accused$ $of murdering \ Irish \ holiday maker \ Paul \ Houston \ in \ Alvor, on \ September \ 6^{th} \ 2009. \ \'Ebert \ S\'ergio,$ a friend of both defendants, who appeared in the first court hearing made last minute changes to his testimonial, coming clean on the facts of the night of the murder.

Tommy Broad



Ébert Sérgio (Left) waiting outside the courtroom with Diego Dias (Right) to give his surprising statement, regarding the murder of Paul Houston, which took place on September 6th 2009.

Alvor was in the limelight for all the wrong reasons at the end of last summer when two Brazilian men heat Paul Houston to death in the seaside holiday village during a night out.

Paul Houston, a golf aficionado who regularly came to the Algarve on holiday with his wife and children, died from multiple head injuries after suffering a barrage of kicks from both defendants in a secluded walkway just a few hundred metres from the busy bar

Jones Sousa dos Santos, 27, and Diego Dias, 20, were on the run for ten days before being caught by authorities, who launched a massive nationwide operation to catch the criminals.

Jones Sousa dos Santos was caught one day before he attempted to fly back to Brazil, the reason why authorities held him in custody following his arrest.

During the second hearing of the trial, which took place at Portimão Courts on May 4th, both Brazilian men admitted to being involved in a fight with Mr Houston, but Jones dos Santos claimed he

did not know he had killed him at the time and Diego Dias said he was too drunk to remember most of the occurrences, alleging Jones had informed him what had happened the following day.

The three men met at the Boralá bar, located on the main street, and headed to the riverside together, for reasons unknown as Jones claimed he had followed both Diego and Mr. Houston, who were walking ahead of him, thinking they were heading to another bar; and Diego stated he was too drunk to remember.

A fight broke out when Diego

was urinating at the walkway and Paul Houston tried to grab his penis, according to Jones, who stated the following in the second hearing "I saw them fighting and Paul put Diego on the floor. He then came for me, spun me into the wall and we fell onto the floor", adding "I got up before him and kicked him in the neck (...) and we [Diego and Jones] ran to the end of the walkway." He claimed he acted in self defence, which led to the accidental death of Mr. Houston

Mr. Edwards, the only eye witness of the incident, proved to be one of the key elements in the case. He witnessed a great part of the crime from his boat, which was around 300 metres away from the crime scene: "I witnessed two men on the bank, but I did not see the victim, he must have already been down. One of the men was further away, with the other standing and shouting 'Puta, puta, puta', whilst making the motion of stamping on someone" said the visibly distraught eve witness. who also saw the second subject stamping later. His worst fears were confirmed the following day when he saw several police offic ers at the scene and it was then he declared himself a witness.

This Thursday, in what was expected to be the sentencing of both Brazilian men, Ébert Sérgio addressed the Court to change his testimony, saying he had lied in the first hearing. Being a friend of both defendants, Ébert came clean with the panel of judges after feeling guilty of his omission of the facts, which in turn has

delayed sentencing until June 7th. He claimed that on the night of the murder, Jones, when he returned from the riverside with Diego, said "Let's leave because I just killed someone", adding "He [Jones] was sober and he knew exactly what he was doing, he even drove home." He then confirmed Diego's allegations by saying "He [Diego] was very drunk, he couldn't even walk."

He claimed he had lied in the first hearing because "Ithought Jones would say what I just told the Court, and I felt guilty when I found out he hadn't, so now I am here telling the truth" said the witness, that might change the final say of the judges, putting much more of the blame onto Jones, who will now most likely be receiving a much longer sentence.

Paul Houston had continued alone in Alvor on the night of his murder, after his wife, Celine Houston, and another couple, Phillip and Marian Devlin, decided to call it a night after an evening out during their holiday trip, which ended tragically only three days into it.

Study suggests antennae near schools not dangerous to children

Electromagnetic radiation from six schools in Lisbon that are the closest to mobile communication antennae has been measured with readings being between one and ten thousand times below the limit.

Experts concluded that the values registered are within the levels of safety and well below the maximum limit, news welcomed with relief by parents, teachers and students

Investigators from the Monit project, which the Institute for Telecommunications and Supe-

rior Institute for Technology have been developing since 2002, and who are responsible for the study, believe it would not be too farfetched to extend the results to all schools throughout the capital.

Readings were taken from the Frei Luís de Sousa, Eurico Gonçalves, Leão de Arroios, Castelo, Número 72 and São José primary schools, as well as from the Paços do Concelho, in the Municipal Square.
Daniel Sebastião, of the Monit

project said that the study had taken great care in monitoring

schools "closest to mobile communications antennae". According to the investigator, Lisbon Town Hall selected around 30 establishments at a distance of 150 to 200 metres from the equipment, that number being rowed down as some of those schools have been closed down (due to unrelated reasons).

In total, by July this year, electromagnetic radiation from 14 schools in and around Lisbon will be measured.

In all cases the readings are carried out 24 hours a day over several months

Since 2002 the Institute for Telecommunications and Superior Institute for Technology has been carrying out continuous readings (24 hours a day) at 151 spots throughout the country.

In 69.2 percent of the cases readings have been one thousand times inferior to the maximum established limit.

Sporadic readings have been taken in 513 other places, such as streets, squares and shopping centres, with the same outcome in 48.4 percent of cases

Motion of no confidence doomed to failure – for now



The main opposition Social Democrats, who are negotiating support for the Socialist government's austerity package, have said they will abstain from a Communist motion of no confidence in parliament later this week.

Social Democratic spokesman, Miguel Relvas, announced the stance late on Tuesday saying the party did not want to add a political crisis to the country's economic plight.

Prime Minister José Sócrates' minority executive "deserves to be censured", but "not at this moment". Relvas said.

"We will not make a censure motion" to bring down the government "viable at a particularly difficult moment" for Portugal, he added.

In a separate development, Social Democratic lawmaker Jorge Costa said his party would present a motion in parliament to suspend plans to build bullet train links to Spain for a period of at least three years as a needed step to control the ballooning deficit.

The government earlier announced it planned to push forward with the high-speed Lisbon-Madrid line, but would postpone building the lines from the capital to northern Oporto and on to Vigo in Spain.

Shortly before the Communists announced the filing of a motion of no confidence, Finance Minister Fernando Teixeira dos Santos said that Portugal's new austerity package, including broad tax increases, will remain in place until efforts to shrink the country's swollen deficit produce a "sustainable and lasting" effect.

Teixeira dos Santos' comments in Brussels came on the sidelines of an EU finance ministers meeting in Brussels appeared to contradict Prime Minister José Sócrates' more optimistic stance that the measures announced last week would last for 18 months

"These are measures that will remain in place as long as necessary to assure that the budget deficit is sustainable and lasting", the finance minister said.

The package of VAT, income and corporate tax increases, coupled with cuts in public spending and politicians' salaries, aims to prune the 2009 deficit of 9.4 percent to 7.3 percent this year and 4.6 percent in 2011.

The Eurozone group meanwhile expressed "satisfaction" on Tuesday over the additional budget cutting steps announced by Portugal and Spain, describing them as "courageous".

We think that the measures taken by the Spanish and Portuguese governments are courageous measures, indicating a path of adjustment that bring us satisfaction", Eurogroup president Jean-Claude Juncker said early on Tuesday at the close of a finance ministers' meeting in Brussels.

The belt-tightening steps will now be "examined in detail" by the European Commission before the Eurogroup finance ministers pass "final judgement" on the Iberian austerity packages at a June 7 meeting in Luxembourg, Juncker said.

For his part, Brussels' Economic and Financial Affairs Commissioner Olli Rehn said that not all member states should implement budget consolidation measures simultaneously to avoid provoking a recession.

In a related story, Prime Minister José Sócrates said on Wednesday his Socialist government planned to end economic crisis stimuli in order to fight Portugal's swollen budget deficit, but said he was open to spe-cial consideration for unemployed people in precarious conditions.

"After economic recovery in the first quarter, we think this is the moment to return to the position the state had before the crisis" that broke in 2008, Prime Minister Sócrates told reporters following a meeting with employers and trade unions.

"The end of the anti-crisis measures is foreseen in the PEC (Stability and Growth Programme), but this does not exclude talks with our partners to verify if there are (employment) vulnerabilities that we can address", he said.

Representatives of the country's business associations and trade unions criticised the government for lack of "clarity" on the recently announced austerity TPN/Lusa

EDP yet to reimburse consumers for 90's flaw

Portuguese electricity consumers are yet to be reimbursed with around €6.4 million in deposits that were wrongly charged by national electricity company EDP in the 1990s, according to data from the General Consumers' Board (DGC).

A first 'Essential Public Services' law from July 1996 ruled a prohibition on charging deposits that were used to guarantee supplies of water, electricity and gas, and stipu-lated that all unlawfully collected deposits should be repaid to consumers.

By 2007 EDP had reimbursed €14.9 million, 70 percent of the €21.3 million it was ordered to repay.

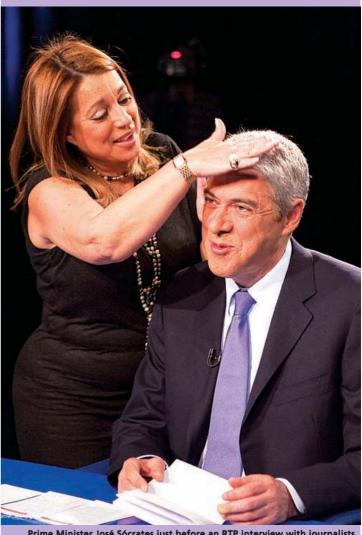
Totalling all deposits that have been repaid to consumers by all public services that were ordered to reimburse consumers, so far some €18.8 million have been refunded.

Eighty percent of that amount was given back by EDP. Water suppliers have re-funded consumers with €2.7 million, and gas suppliers €1.1 million

Legislation stipulated that the remaining amount of un-claimed deposits should be handed over to the DGC to start a fund aimed at financing extrajudicial mechanisms for justiceseeking consumers, as well as promoting consumer rights awareness-raising projects.

Exactly how much has been deposited in that fund is unknown. The DGC alleges that the reimbursement procedure is not yet complete and that consumers can still claim a refund viathemselves.

Only then, once the procedure has been officially closed, will the total amount in the DGC's fund "possibly" be dis-



Prime Minister José Sócrates just before an RTP interview with journalists Judite Sousa and José Alberto Carvalho on May 18th. (Photo: Lusa / António

Banif bank founder Horácio Roque dies

Leading Portuguese financier Horácio Roque died on Wednesday at a Lisbon hospital after suffering a stroke, an official at his Madeira-headquartered bank Banif said. He was 66.

Horácio Roque, who started his first business, a bar, at the age of 17 in Angola, gathered a fortune based on ventures in Angola

and South Africa, which he later expanded to a wide gamut of banking, insurance, real estate and other businesses in Portugal and

the Americas. In 1991, he set up a foundation, named after him, devoted to educational, social and cultural spheres.

Gaat u ook naar de Algarve Fair dit jaar?

Kom dan ook even bij Alex langs. Gewoon voor een kopje een koffie of een praatje. Maar natuurlijk kunt u zich ook even op de hoogte stellen van het laatste financiële nieuws of ideeën uitwisselen met onze beleggingsexperts.

Wij zijn de hele dag aanwezig maar op zaterdag én zondag is het tussen 17:00 - 18:30 uur borreltijd. Als u ons van te voren laat weten dat u komt sturen wij u een entreebewijs voor de Algarve Fair Wel zo makkeliik

Schrijf u in voor de borrel via www.alexportugal.nl, per mail info@alexportugal.nl of bel naar + 282 380 335.

Tot ziens bij de Alex BeurStand op de Algarve Fair op 5 & 6 juni in Lagoa.





¹news

Lisbon shortlisted for easyJet base



'Made in' labels could become compulsory for clothes

Country of origin labels should become compulsory for clothes sold in Europe so that consumers are not misled by labels suggesting they were made in an EU Member State, said the European Parliament on Tuesday when it approved an update of the EU clothes labelling scheme.

The only way to ensure that consumers are not deceived by labels implying clothes were made in the EU when they were in fact made in a third country is to make 'made in' labels mandatory, MEPs decided.

'Made in' labels are currently voluntary in the EU but in practice their use depends on national laws.

In comparison, country of origin labelling is strictly regulated in, for example, the USA, Canada and Japan.

Current EU legislation on textile labelling applies only to the harmonisation of textile fibre names - there are currently 48 fibres (18 natural and 30 synthetic) sold on the single market - and the labelling of the fibre composition of textile products.

Although the European Parliament was initially asked to vote only on a technical proposal by the Commission (aiming at cutting the time taken to place new fibres on the market), MEPs turned this into a more political proposal, to make country of origin labelling mandatory in the new regulation.

To help consumers to make informed choices, MEPs also asked the Commission to produce a report within two years, and if necessary a proposal for legislation to impose the new la-

 $belling \ requirements \ EU-wide.$

This report should examine the harmonised requirements on care labelling (currently voluntary), clothing and footwear sizes, on health and safety warnings (flammability, possible allergenic substance) and on cocial labelling.

stances) and on social labelling.
Parliament's report on this
subject was drafted by Toine
Manders and adopted by 528
votes to 18, with 108 abstentions.

Lisbon could soon be home to an easyJet base should negotiations provide the right circumstances, after the Portuguese capital was amongst those whittled down to a shortlist from an initial line up of some 70 candidates.

Should negotiations be successful, an easyJet base could represent €1.2 billion in revenue over a six-year period, the Lisbon Tourism Board calculated.

"Negotiations are ongoing with a view to the base being in Lisbon because we are talking about an important volume of business, in the region of £1.2 billion in revenue in six years", Vítor Costa, General-Director of the Lisbon Tourism Association (ATL) told newspaper Diário Economico.

For consumers, the creation of an easyJet base in the capital would represent an increase in diversity, as the creation of a base is generally followed up with the launch of new routes.

The low-cost company a

ready flies to and from Lisbon, Oporto, Faro and Funchal.

Whichever airport easyJet chooses to collaborate with (Lisbon is reportedly competing with Barcelona, Amsterdam and Copenhagen) will be 'home' to an initial three aircraft, which should gradually increase to seven.

The British no-frills airline currently flies to 119 airports in 29 countries, the most recent base launch having been Fiumencino, Rome, where four aircraft are stationed

It has a fleet of 189 planes, which it plans to increase to 208 by September 2012, an expansion strategy that has caused an easyJet founding member to quit the company.

US ambassador sees joint business in Africa, NATO role at Azores base

Portugal's "unique" relation with former African colonies offers interesting triangular investment opportunities for US businesses, says Washington's new ambassador to Lisbon.

Ambassador Allan Katz, interviewed by Lusa News Agency this week, also said Washington wanted to see greater NATO use of the Portuguese Lajes air base in the Azores, which the US Air Force has used as a pivotal refuelling point for six decades.

"We believe that Portugal's unique relations with Angola, and also with Mozambique and other Lusophone countries, can open an opportunity for US companies with capital to invest in partnership with Portuguese" counterparts, Katz said.

He also noted that Portuguese

He also noted that Portuguese firms had invested some \$2 billion in recent years in the United States, including an electrical parts Efacec plant in Georgia.

The ambassador, who took up his Lisbon post last month, said Washington continued to attribute "strategic importance" to the mid-Atlantic Lajes air base on Terceira Island, but that its "role should change with a greater NATO presence" in terms of missions and training.

"We have communicated this to the (Portuguese) government and I think the government is interested in making it happen", he said. "These things never happen very quickly, but I hope they will move forward."

Katz noted that aviation technology and the nature of current US Air Force missions had reduced the need to use Lajes as a refuelling base.

"What we must now do is make good use of a strategic resources that is based on a bilateral relationship with a good ally and try to see that NATO has a more important role", Katz said.

TPN/Lusa

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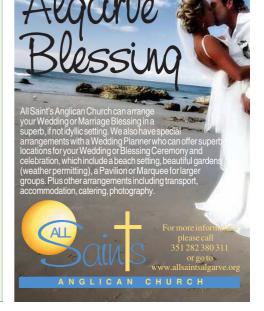
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Santarém	5.245	3.409,25 €	7,1
Coímbra	4.828	3.138,20 €	7,7
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⁶ news

Calling all talent for the 'Me & My Phone' art competition

All children aged between five and 13 are invited to participate in the upcoming International Algarve Fair Art Competition, which this year is dedicated to the theme 'Me & My Phone', sponsored by Optimus, World Telecom and The Portugal News



Rules of entry

- 1. The Me & My Phone art competition is open to all children
- who are between the ages of 5 and 13 years. All artwork must be the original idea and creation of the credited entrant. Colouring in an outline printed or drawn by someone else is also not acceptable.
- 3. Entries are grouped by school year attendance:
 - a) Junior & Senior Infants
 - b) 1st & 2nd Year c) 3rd & 4th Year
 - d) 5th & 6th Year
- 4. The organisers reserve the right to reject entries they consider inappropriate for any reason.
- Artwork submitted should be on a flat surface, using any media, bearing in mind that it may be affixed to the black display area, using Blue Tack. Therefore artwork should be neither too large nor too heavy for this purpose.
- Competition entries must relate in an obvious way to the specified theme.
- 7. The competition will be judged by three independent judges appointed by the organisers.
- The judges' decision will be final.
- Winners' names will be announced at the close of the Fair and in The Portugal News.
- 10. Artwork must not be framed, matted, laminated, or folded. Disclaimer

The organisers cannot take responsibility for loss or damage to any work submitted and entrants are asked to remove their entries at the close of the Fair, if they wish to retain them.

Me & My Phone Children's Art Competition The International Algarve Fair Fatacil, Lagoa • 5 & 6th June 2010
Name
Address

Tick which school year applies to you

- ☐ Junior & Senior Infants
- 1st & 2nd Year
- 3rd & 4th Year 5th & 6th Year

Clip this form and attach it to the back of your picture

It's time to get pens and pencils out and get busy with some art work!

The sponsors of the International Algarve Fair Art Competition urge creative children to use their imaginations and send in works of art, which should be original interpretations of how they see their phone and what it means to them. Fantastic prizes are waiting to be awarded to four winning pictures.

Independent candidates will be participating alongside students from three regional schools; Porches International School, Vale Verde International School, and the São Lourenço International School.

Entrants will be grouped by school year attendance (Junior & Senior Infants, 1st & 2nd Year, 3rd & 4th Year, and 5th & 6th Year).

Three judges appointed by the Fair organisers (Mr. Michael Tannock, art critic and author of Portuguese 20th Century Artists'. Rui Correia, Vice-Mayor of Lagoa Town Hall, and a sponsor representative) will be evaluating the art work based on the following criteria: relevance to subject, originality, artistic flair and ability.

The best of all pictures will be exhibited at the International Algarve Fair, over the weekend of June 5th and 6th, on a display board inside the Pavilion, for the judges' appraisal.

The winning picture from each group, which will be announced on Sunday, will be awarded a topof-the-range mobile phone prize, courtesy of Optimus.

To participate, read the rules then fill in the form and send your entry to: The Portugal News, Apartado 13, 8401-901, Lagoa, or deliver it in person to The Portugal News' offices in Lagoa at Rua Município São Domingos, Urb. Lagoa Sol, Lote 3, R/C, Lagoa.

Piracy cost national industry €174million in 2009



In 2009, pirate software use in Portugal rose to 54%, with the industry having lost €174million due to this illegal practice, according to a study by BSA – Business Software Alliance.

The seventh BSA study, released by Assoft (Portuguese Association of Software), revealed that losses due to the use of pirated software rose 16% from 2008 to 2009, costing the industry €174million. "The Portuguese State also saw, in 2009, a rise in tax evasion due to pirate software usage, which just in IVA (VAT) signified losses of over €34million last year" referred the study.
"If we consider the institu-

tional brands, auctions and internet pages, altogether, 54% of software used in Portugal is counterfeit" said Manuel Čerqueira, Chairman of Assoft, who added

"This detracts from the earnings authors expect to make on their software, and the companies, instead of increasing their staff contingent, only maintain or in some cases reduce it. So this directly affects employment in Portugal."

In light of this situation, Assoft defends the creation of a tribunal designed to judge crimes of intellectual property fraud, a project that has been announced but not yet put in place.
"I think that if we had better

surveillance we would all come out winners and the State can collect substantial funds" said Manuel Cerqueira, who pointed out that the software industry

lost €852million between 1994 and 1998, with losses in VAT exceeding €169million.

On a worldwide scale, the software industry lost €51billion from counterfeit software last year alone.

Figures revealed by the study also showed that the use of illegal software rose in 19 of the 111 countries analysed, though diminished in 54.

The USA, Japan and Luxemburg are the countries with the lowest rate of pirated software, all under 21%. On the other side of the scale, Bangladesh, Zimbabwe and Moldavia have the highest rates, all above 90%.

WIN • WIN• WIN

Your unique chance to win rally kit packs worth several hundred euros

The four-day Vodafone Rally de Portugal will storm into the Algarve on May 27. This sixth round of the FIA World Rally Championship (WRC) is set to be a thrilling, high octane highlight of the 2010 calendar, with the BP Ford Abu Dhabi World Rally Team revving up its pursuit of a third Manufacturers' Title.

Abu Dhabi is the WRC's Official Destination Partner, a core element of Abu Dhabi Tourism Authority's (ADTA) global motorsport commitment, which also includes partnerships with the Red Bull Air Race World Championship, UIM F1 Powerboat World Championship and the Abu Dhabi Desert Challenge.

It also supports the Emirate's flagship motorsport event - the annual Formula 1TM Etihad Airways Abu Dhabi Grand Prix which returns to the fantastic Yas Marina Circuit this November

The Emirate, which is blessed with scenic diversity, awe-inspiring desertscapes, lush oases, stunning waterfronts and modern cityscapes, is truly a world-class major events and tourism destination of distinction.

As WRC's Official Destination partner, ADTA, in conjunction with **The Portugal News**, is offering four lucky readers the chance to win an exclusive Abu Dhabi rally kit pack, including a uniquely-branded WRC jacket and rucksack



BP Ford Abu Dhabi World Rally Team driver Khaled Al Qassimi

To be in with a chance of winning this fantastic rally prize simply answer this question cor-

Which WRC team does Abu Dhabi partner?

a) Citroen b) BP Ford

For a chance to win send the answer to: competitions @theportugalnews.com, quoting RALLY in the subject bar.

The deadline for this week's competition is Wednesday, May 26th at 6pm. The winners will be announced in next week's edition. Readers should provide a courier address to where their

Last week's winners: Rachel Duarte, Chris Bilby, Crane Massey & David Bodsworth



10.30am • Holy Communion • ASCA • ALMANCIL with Adventurers and Creche

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Lisbon bridge tender to be annulled, new round launched in

six months - official



 $The \, Portuguese \, government \, will \, annul \, the \,$ $tender for construction \, of \, a \, third \, Lisbon \,$ bridge across the Tagus River, planning to open a new bidding round within six months, a senior official has said.

The state secretary for transportation told Lusa News Agency the €2 billion project is being postponed because of "changes in the [technical and fi-nancial] conditions" that existed when the tender was launched, a reference to Lisbon's stiffening austerity policies.

Correia da Fonseca said the government would have to pay no compensation as long as it reopened the tender within six

The postponement, he added, would allow Lisbon to boost EU contributions for the road and high-speed rail bridge to €500 million from €170 million, because of the government's earlier announced decision to delay construction by two years of the planned bullet train links from Lisbon to Oporto and Vigo in Spain.

TPN/Lusa



Portela+1 still the best option, say experts

Maintaining Lisbon's Portela Airport and building a new airport in Alcochete is still the most viable option given the current economic circumstances specialists Álvaro Costa and Álvaro Nascimento reaffirmed this week.

According to a study made public on Monday, by creating an infrastructure in Alcochete that would complement Portela (known as the Portela+1 formula), as opposed to constructing an entirely newairport, it would be possible to save some €800 million.



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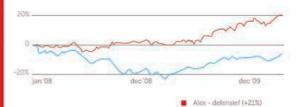
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Vergelijkbare investeringen (-7%)

news

Nissan Leaf electric car arriving this year

Tommy Broad

Orders for Nissan's electric car, the Leaf, will start being accepted from this July, with the car expected to move off showroom floors by December.



Reporters take pictures of the new electric car 'Leaf' during the opening ceremony of the company's new headquarters in Yokohama, near Tokyo last August 2009. Nissan unveiled the 'Leaf', the world's first affordable, zero-emission car. Designed specifically for a lithium-ion battery-powered chassis, the Leaf has a range of more than 160km. (Photo: EPA / Franck Robichon)



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The all electric, zero emissions, vehicle will cost €34,955, with the government providing a €5,000 discount for the first five thousand buyers of the electric vehicles

Nissan International nounced the price of the five seater during a press conference in London on Monday. Further incentives the Portu-

guese Government will be providing is a scrappage scheme. where a buyer of an electric vehicle will have a €1,500 discount in exchange for their old vehicle, which will be scrapped.

The Leaf's battery will have a 160 kilometre range before needing to be recharged, which can be done either at home or at electric recharging stations. Around 320 stations are expected to be available in Portugal by the end of the year and 1,300 by the end of 2011.

A slow charge will take be-tween six to eight hours for a full

charge (home charging dock must be installed for use at homes), with quick charging units at service stations lasting between twenty and thirty minutes to charge the Leaf 80%

Nissan announced that reservations for the Leaf in Portugal will begin in July, with sales expected to start in December this

The Nissan Leaf will have a top speed of 145 kph and a range of 160 kilometres. The in-house developed electric motor delivers a respectable 80kW/280Nm of torque for high response and powerful acceleration.

The vehicle's navigation system will point out all charging stations nearby and also the driving radius within range under the current state of charge

The 24kWh Lithium-Ion battery is expected to last between five to ten years before having to be replaced for a new one.

Portugal above-average regarding women in politics

Regarding the number of women working in politics in Portugal, the country ranks several positions above the European average, yet when it comes to the amount of women working in the government, Portugal fares significantly worse, being amongst the bottom 10 countries with the lowest figures.

According to a survey released last week, Finland topped the ranking, with more than half of its governmental roles being occupied by females.

Portugal rates 27th on the list, with just 17.9 percent of governmental roles, Ministerial or Secretarial, being filled by women.

New EU

strategy

aims to get

even more

from bio-

The European Commission

has this week laid out steps

management of bio-waste

kitchen and food waste accounts

for 88 million tonnes of municipal waste each year and has a major potential impact on the en-

But it also has considerable promise as a renewable source of energy and recycled materials.
This week's communication

promotes actions to unlock this

potential by making the best use

of existing legislation while giv-

ing Member States discretion to

choose the options best suited to their individual circumstances.

Supporting initiatives at EU level will also be necessary. Environment Commissioner

Janez Potoonik said: "We already

have a significant body of legis-

lation governing bio-waste in the

implemention and enforcement.

we can squeeze even more ben-

efit from bio-waste. This will not

only help in the fight against cli-

mate change: producing good

quality compost and biogas will contribute to healthy soil and

slow biodiversity loss

But through better

garden,

in the EU and tap into its significant environmental and economic benefits. Bio-degradable

waste

to improve the

vironment.

This is according to the first report from the Observatory for Integrated Gender/System of Information and Knowledge, created by the Committee for Equality and Gender.

A law on quotas states that there must be a certain percentage of women included on politi-cal lists, but the Observatory's report concluded that "in the majority of cases women do not have the same possibilities of being elected as men or even of

carrying out these roles".

The report highlights the "low

participation of women", both in governmental and parliamentary roles, at national, regional, and local levels.

University Professor Manuel Lisboa, a coordinator of the study, said "the quota system is a starting point" but that "it is not enough. People who are placed on these lists must also be put in eligible positions" he said, adding it is necessary to "push a little further".

"There have been changes" he stressed, but described them as "very, very slow" and that "structural factors persisted".

"The same tendencies have been maintained" as those in previous studies, Manuel Lisboa summed up.

Nevertheless "the number of women MPs in the Portuguese and European Parliaments, and in the roles of Municipal May-ors has increased since the 90s", the report states.

Within European Parliament, 36 percent of MPs are women. In comparison to other EU countries, Portugal's Parliament ranks 14th, regarding the percentage of women occupying roles, which is still somewhat above the European average.



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news⁹

Lagos' latest wind farm designed to 'protect' nature



A new 25-turbine wind farm was inaugurated this week in Barão de São João, Lagos, based on state-of-the-art technology from the United States and designed to protect migrating birds such as eagles, vultures and storks as well as help reduce Portuguese energy consumption by up to 60 percent, by 2020.

Using innovative technology created by Portuguese but inspired by NASA and the US Air Force, the new 'Barão São João Renewable Energy Park' will produce enough 'green' energy to replenish the whole of Lagos' consumption.

It has been estimated that it will generate approximately 153 gigawatts per hour, per year. The project has been designed to pro-

The Alentejo region of Moura is to host the testing of prototypes of the largest

radio-telescope in the world, which will eventually be in-stalled somewhere in the Southern hemisphere.

Southern hemisphere.

An investigator related to the project said the test could establish Moura as a 'platform' for the development of radio-astronomy.

Prior to building the "gigantic" SKA (Square Kilometre Array), in a region of South Africa or Australia, prototypes will be tested at the Herdade da Contenda, in Moura, this summer.

"Moura is the best place in Europe for radio-astronomy" Domingos Barbosa, a European member of the project's commit-

Alentejo to test world's

largest radio-telescope

tect migrating birds via a radar movement-detection system and SGPS/PTT technology which automatically detects and follows bird wildlife movement.

Installed by the E.On Company, one of the largest private electricity and gas operators in the world, the wind farm is estimated to have cost around €70

turer told Lusa, adding that the SKA tests could "serve as

a springboard" for the region to "invest" in its "potential" and become a platform for the development of radio-as-

tronomy.

According to Domingos
Barbosa, "it is natural that
Moura, with international

support, will continue to be used to test technology, in-stalling small radio-tel-escopes and studying radio-

stronomy". Moura has "a clean radio-

electric spectrum, with very low noise and little interfer-

ence", the highest solar radia-tion in Europe and high tem-peratures all year round; "the ideal conditions for test-

It is expected that the set-up

will produce enough 'clean' energy to power 200,000 homes, said the President of E.ON Renewable Energies, Miguel Antoñanzas.

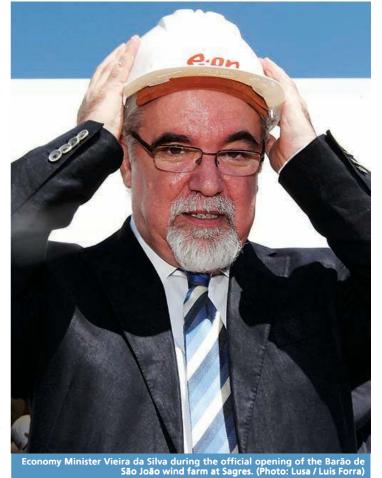
Portugal's Minister Economy, Innovation and Development, Vieira da Silva, who presided over the official inauguration, said that the Park would bring three major contributions to energy-related politics in Portu-

gal.
"Territory-wise, it diversifies the production of electric energy, being the biggest wind farm in Southern Portugal; it is a component of the alternative to importing solid fuels, and has a system of positive control regarding birds' migration", he announced

"This park is another impor-tant piece in a strategy that has the highest priority in our country" he continued, stressing that the turbines would contribute towards Portugal, by 2020, reaching its objective of 60 per-cent of its energy consumption being provided from renewable

It bird-detection system locates all sizes and types of bird, from sparrows to eagles and

Miguel Repas, of the STRIX Company, which renders serv-ices within the areas of renewable energy, the environment and IT systems, said the turbines would probably have to stop for around 150 hours a year to protect the local biodiversity and migrating



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10 news



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Rise in water prices "inevitable and necessary", says Minister



Portugal's Minister for the Environment, Dulce Pássaro, confirmed this week during a trip to Oliveira do Hospital that "the price that consumers pay for their water will have to go up", describing it as "inevitable and necessary".



Portugal's Minister for the Environment, Dulce Pássaro, on a visit to Fuseta island to observe the first phase of the demolitions on the Formosa river bank on April 28th. (Photo: Lusa / Luis Forra)

Minister Pássaro was invited to close a conference dedicated to water and the environment, named 'Aquanostra', which was organised by the Rotary Clubs of Beira Serra and took place in Oliveira do Hospital.

During her speech the Environmental Minister said "as far as the law goes, municipalities can always subsidise the price of water" but added "this would not be good practice"

"This is a very controversial matter" the Minister said, adding that the Regulating Entity for Water and Residuals "has already made a recommendation to calculate the price based on one unique model"

Regarding the topic, Dulce Pássaro warned municipalities

to take special care when dealing with "situations of particular economic difficulty, and also with large families" by creating special fees for such situations.

Francisco Ferreira, of environmental agency Quercus, who also spoke during the conference, corroborated the Ministers opinion, affirming "it is necessary to explain to the Portuguese that the water we consume is cheap", and therefore leads to wastage, he said.

João Pedro Rodrigues, President of the Águas do Zêzere e Côa Water Company (AZC), another speaker, highlighted that it would be necessary to create "support mechanisms regarding the interior of the country

Wind farm flunked

Carrie-Marie Bratley

A three-turbine wind farm planned for the Água de Tábuas area of Tavira has been rejected by the government after protests from local residents and environmental organizations such as the Portuguese Society for the Study of Birds, and 'Probaal'.

Tavira Mayor Jorge Botelho said he has not yet read the final ruling but has received confirmation that the project will not be going ahead.

Probaal, a non-governmental organisation formed in 2000 by Portuguese and foreign residents has campaigned extensively to stop the wind farm as well.

A recent update on Probaal's website reads "Residents of Água de Tábuas and Malhada do Judeu celebrated on Wednesday as they learned that the project for three turbines proposed for the area has

been thrown out by Lisbon"

According to Probaal, the decision had been pending for two weeks longer than the 28 working days outlined by the Committee for Regional Development and Coordination (CCDR). "It seems that the evidence was just too strong against the proposed site for the Cavalum turbines", it continued.

In the update Probaal ex plained how the previous 14 months had seen "a barrage of letters of objection flying at the parties responsible for the project and its approval, as well as discussions with the company"

It claimed that "when it became clear that Cavalum was stringing residents along about their willingness to look at alternative sites", the villagers who were most affected sought legal help.

"Tavira lawyers picked apart the shabby proposal the company had submitted. They found countless errors, omissions and false reporting", the update continued, listing a series of flaws, claims and "misrepresentations' regarding the wind farm's original route proposal.

"The proposed site also caused a big stir among Portugal bird experts, as a pair of rare Bonelli's eagle nest near by" the posting claims.

It was the discovery of Bonelli eagles in the Alferece region of Monchique that saw a similar wind farm also successfully being re-routed, following the protests of residents, environmental and animal protection agencies.

The posting concludes "residents can now get on with their lives without the threat of 120metre towers looming 300 metres

from their homes, fear of developing 'wind turbine syndrome'. disturbing noise or seriously decreased house 'Hooray! It is a huge boost to know that projects DO get turned down and that it has been worth pursuing this result".

However, it has been confirmed that a similar project pro-posed for Malhanito (near Cachopo, also in the Tavira area), has been confirmed.

The project, which comprises 29 turbines, will go ahead and represents an investment of around



news

EU publishes report on water scarcity and droughts



The European Commission has this week published a report on the progress of member states in addressing water scarcity and droughts.

espite more rainfall southern European countries in 2009 than in previous years, greater efforts are still needed to stop and reverse the over-exploitation of Europe's limited water resources, the EC report indicated. An effective water pricing policy, water efficiency and water saving measures are essential to ensure that Europe has enough good quality water to meet the needs of users and to face the challenges of a changing climate.

EU Environment Commissioner Janez Potonik said: "Water is life – so water policy is our life insurance. This report highlights the importance of integrating water policy into wider policy goals at all levels, at EU and national levels. More than anything else, our water policies must be sustainable: we cannot afford to borrow water from the future."

The balance between water demand and availability has reached a critical level in many areas of Europe.

Water scarcity and droughts have emerged as a major challenge, and climate change is expected to make matters worse.

This new report shows that

some member states have begun to suffer permanent scarcity across the whole country. The problem is not limited to Mediterranean countries. The Czech Republic has reported areas with frequent water scarcity, and France and Belgium have reported over-exploited aquifers.

For several years, the Commission has urged member states to adopt policy options such as water pricing, improved water management tools, and efficiency and water saving measures.

A report compiled for the Commission in 2009 showed that the introduction of mandatory requirements on water using devices under the extended Eco-design Directive could bring significant savings.

If all domestic water-using products were included this could lead to a 19 percent reduction in total water consumption – a 3.2 percent reduction in the total annual EU water abstraction.

Reducing the water consumption of energy-related products such as taps, showers and baths can also result in a potential reduction of 20 percent in heating needs, while changes in showering time, bathing frequency or use of taps can result in savings

BOMBEIROS VOLUNTÁRIOS BRAGNIPA
BOMBEIROS AND BOMBEIROS AND

Bragança firemen deliver water to the principal depot in Coelhoso, owing to a drought and the rise in the immigrant population in the area last August. (Photo: Lusa / Manuel Teles)

of 20 to 30 percent.

This week's report confirms that good water management should be based on the water hierarchy, with the priority on water demand management. Supply options should only be considered once the potential for water savings has been exhausted.

The report also expresses the Commission's concern for the

delay in the implementation of the Water Framework Directive in the member states most affected by water scarcity. The deadline for Member States to submit their plans for managing Europe's river basins was in March, but in some Member States consultations on these plans have still not started.







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¹² business

Investment in digital economy key to Europe's future prosperity, says EC report



EU Commissioner for Education, Culture, Multilinguism and Youth, Androulla Vassiliou (L), Spanish Cultu Minister Angeles Gonzalez Sinde (C), and Dutch EU Commissioner for Digital Agenda Neelie Kroes (pictured during the press conference after the EU Culture council, at the European Union headquarters



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Lisbon welcomes restart of EU-Mercosul talks

Portuguese Foreign Minister Luís Amado has welcomed the resumption of EU-Mercosul trade talks. but recognised they were "difficult" and would likely not be concluded by the end of the year.

"It's a very complex dossier", Minister Amado told Lusa News Agency in Madrid this week after preparatory talks between European and Latin American foreign ministers ahead of a trans-Atlantic summit on Tuesday.

There are many vested interests in these negotiations, but it's a good sign, despite everything, the restart of negotiations at this time", he said.

It is important, he added, to act against "protectionist tendencies" that threatened "the recovery of the world economy".

"It'll be hard to reach an accord by the end of the year as the most optimistic calendars establish, but I believe we can advance more quickly than the Doha negotiations given the more limited nature of the problems" separating the EU and the Mercosul bloc, he added TPN/Lusa

Europe's digital economy is growing in strength, spreading throughout all sectors of the economy and reaching into all areas of our lives, according to the European Commission's **Digital Competitiveness** report published this week.

Information and Communications Technologies (ICTs) have driven half of the productivity growth in Europe over the past 15

Six out of ten Europeans regu-larly use the internet. However, if Europe wants to fully exploit the potential benefits of the digital economy, it must step up a gear and provide faster broadband and an internet people trust, improve citizens' skills, and encourage even more ICT innovation. The European Commission will propose specific measures in these areas with its Digital Agenda for Europe, a flagship of the Europe 2020 strategy, to be launched shortly.

Digital Agenda Commissioner Neelie Kroes said: "Europe's digital economy is crucial to eco-nomic growth and prosperity. ICTs and high speed internet are as revolutionary in our lives today as the development of electricity and transport networks were over a century ago. But we need support for further internet development so that all citizens can ben-efit from the digital economy."

Euroarea inflation climbs to 1.5 percent

Euroarea annual inflation was 1.5 percent in April 2010, up from 1.4 percent in March. Portugal was amongst the member countries with the lowest rates.

A year earlier the rate had been 0.6 percent in the Euro

Monthly inflation was 0.5 percent in April 2010. EU annual inflation was 2.0 percent in April 2010, up from 1.9 percent in March. A year earlier the rate was 1.3 percent. Monthly inflation was 0.4 percent in April 2010. These figures come from Eurostat.

The annual inflation rate in Portugal was fixed at 0.7 percent, which is the third lowest in the Euroarea, behind Ireland (-2.5 percent) and the Netherlands (0.6 percent).

The highest rate was recorded in Greece (4.7 percent), followed by Luxembourg (3.1 percent) and Slovenia (2.7 percent).

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Unemployment rate grows to 10.6 percent



The Portuguese unemployment rate grew to 10.6 percent in the first quarter of year, according to INE, the national statistics office. This rate represents a 1.7pp (percentage points) year-on-year increase, and a 0.5pp growth on the previous quarter.

However, the number of unemployed persons registered in job centres decreased 0.2 percent in April, according to Portugal's

employment agency IEFP.
The figures for April show 570,768 people registered at job

centres - a 16.1 percent year-onyear increase, but 0.2 percent below the March numbers.

"It's the first time in the space of a year [unemployment figures] have gone down", Labour State Secretary Valter Lemos told Lusa.

Lemos added that "the economy is showing signs of activity" and that the smaller number of unemployed for April "breaks a year-long tendency and generates positive expecta-

Lisbon wants to serve Brazil as gateway to Europe

Portugal wants emerging powerhouse Brazil to use it as a door to European markets, Prime Minister José Sócrates said this week ahead of a Lisbon-Brasilia summit.

Prime Minister Sócrates told Brazilian broadcaster Rede TV, Brazil's economy is in the process of rapid "internationalization" and that many of its leading compa-nies have invested in Portu-

"We would like to be the hub or the country from which Brazil departs on its

discovery of Europe", he said. Sócrates, a Socialist, also praised the domestic and international achievements of President Lula da Silva, saying the Brazilian leader, with whom he met in Lisbon

on Wednesday for a regular bilateral summit, had shown over two terms that "the left can govern with responsibil-

Da Silva's accomplishments at home and abroad were "absolutely notable", he added.

In an earlier interview on Sunday with São Paulo newspaper Folha, José Sócrates un-derlined Brazil's growing prominence on the world stage economically and diplomatically, saving such protagonism also boosted Lisbon's standing in the international arena.

Lula's global "political capi-

tal" was so great that it would be a "waste" for him not to continue playing an international role when he soon leaves the Brazilian presi-

dency, Sócrates said. He said he planned to insist the Brazilian leader consider standing for the post of UN secretary-general, add-ing that he would visit Brasilia at the end of May with former Portuguese President Jorge Sampaio and Spanish Prime Minister José Luis Zapatero to discuss Jose Luis Zapaci o ...
Lula's political future.

TPN/Lusa

The Minister for Work and Social Security, Helena Andres with the secretary of state, for employment, Valter Lemos, during the anouncement of the Initiative 'Job 2010' in Coimbra on April 15th. (Photo: Pablo Novais/lusa)

Portugal's unemployed seek more mortgage aid in April

The number of unemployed individuals who were unable to pay their mortgages and seeking government aid rose this April, making that month the third highest in terms of unemployed aid requests, since the Extraordinary Credit Line (LCE) was created.

According to the General Treasury and Finance Board (DGTF), in April 305 appeals were made to the LCE for financial aid almost doubled the number submitted the month before (March), when 158 requests

After October and December 2009, when 332 and 321 appeals were submitted, respectively, April this year was the third month with the highest number of requests.

The LCE was created last May to help homeowners who have been unemployed and registered at job centres for at least three months

or more, pay their mortgage.

The DGTF's latest update showed that by the end of April this year a total of 2,892 unemployed citizens had submitted requests to the LCE, with 1,872

having been approved. In total more than €120 million have been distributed to help struggling homeowners.

By the end of April 175 re-

quests had been refuted and 845 were still being analysed, which together represent financial support in the region of €40 million.

Created under Decree-Law no. 103/2009, on May 12th 2009, the LCE facilitates grants of up to half of monthly mortgages (to a maximum of €500) over a 24month period, which must be re-

Home-owners to pay tax on billboard advertising

Homeowners who live in buildings that display bill-board advertising on their façades could face their condominium pots being taxed.

As of this year condominium payers could be taxed for leasing building façades to advertisers. Income earned from allowing agencies to use the buildings façades for advertising and publicity must be included in IRS tax declarations from each condominium payer.

These rules were already part of the law but only now have fiscal authorities made them binding and are clarifying any questions their application may raise.

Information from the DGCI, dated May 10th, stresses that earnings from advertising must be

"proportionally indicated in the respective annex F of income declarations submitted by each co-owner of the property in question".

This is a legal obligation that many tax payers are unfamiliar with despite the displaying of advertising on residential and commercial buildings being a common sight.



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14 business

Lisbon seeks strengthened ties with Colombia



 $Portugal\ and\ Colombia\ have\ inked\ a\ political\ accord\ setting\ up\ regular\ diplomatic\ consultations\ to$ boost bilateral trade and investment ties. The agreement was signed in Lisbon by Foreign Minister Luís Amado and his visiting Colombian counterpart Jaime Bermúdez Merizalde.



Foreign Affairs Minister Luis Amado and the Minister of Exterior Relations of Colombia Jaime Bermudez Merizale (L) during their press conference after the meeting held at Necessidades Palace in Lisbon on May 14th. (Photo: Lusa / José Sena Goulão)

Amado noted that Colombia had "outstanding regional importance" in Latin America and was taking "important" strides for closer relations with the European Union and the United

States.

Bermudez also presided at a Lisbon business seminar, saying Bogota wanted more Portuguese investment and tourists

TPN/Lusa





"Who will pay my Old Age Pension?"

In this 3-part series on Social Security Pensions in the EU, we will explore: 1. General Principles 2. Comprehensive Rules

- Comprehensive Rul
 Practical Problems

Social Security Pensions in the EU

Part nº 3 - Practical Problems

Because Social Security systems are different in each European Union state, it should not come as a surprise that a variety of practical problems may arise. The following are some illustrations of the cross-border problems that may arise.

Pensionable Age

As has already been mentioned, the Social Security systems of the Member States harmonised. It is therefore not surprising that pensionable age varies according to the country. In some States, you get your pension at 60, in others at 65 and in some at 67.

For example, you were first insured for 35 years in State A where the pensionable age is 67 and then for 10 years in State B where the pensionable age is 60. At the age of 60, you will have to stop working in State B and will be entitled to a small pension from this State, corresponding to the length of insurance periods completed in that State (10/45). You have then to wait seven more years before you become entitled to the relatively high pension from State A (35/45). In some cases, the pension drawn from State B is so low that the person concerned has to rely on social assistance. In order to avoid this undesirable situation, you should ask for information on the pensionable age in the country where you wish to continue your occupational activities before moving there.

Exchange Rates

If you receive a pension from another country, it normally has to be converted into the currency of your country of residence. In the past, conversion was done at exchange rates which often fluctuated. This could work out to your advantage but also to your disadvantage, depending on the currency concerned. With the Euro, exchange rates are permanently fixed, thus doing awav with this awkward situation. However, the problem of fluctuations still affects pensions from Denmark, Greece,

Iceland, Liechtenstein, Norway, Sweden, and the UK Postal and Bank Charges

If your pension is paid to you from another country, postal and bank charges may be deducted. In exceptional cases, where the amount of your pension is very small (e.g. a pension corresponding to one year of insurance abroad), the deduction of these charges may mean a considerable reduction in your

pension . Conclusion

Without European Union Community provisions on Social Security, millions of European citizens could find themselves without sufficient protection. It is not certain that national Social Security legislation alone would always be able to provide a full or partial answer to many of the questions that arise. Many workers might run the risk of being insured twice or not at all, or they could lose rights to benefit they have acquired without having the opportunity to build up new ones. This is why European provisions are applicable across the Union exist for efficient and complete protection. Regulations offer practical and

satisfactory solutions to most of cross-border problems arising in the field of Social Security. While not perfect, there on-going effort for improvement and simplification of Community provisions to fill the remaining gaps.

This is final article of the 3-part

Dennis Swing Greene is Chairman and International Fiscal Consultant for euroFINESCO s.a.. with headquarters in Guia (Albufeira) and satellite offices in Lisbon (Chiado) and Funchal (Sé), Madeira as well as on the Internet atwww.eurofinesco.com. Please swing.greene@getreal.com.





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Pope ends Portugal trip with call to missions and interfaith 'dialogue'



Pope Benedict XVI capped a four-day, three-city visit to Portugal in Oporto last Friday, launching a dual appeal to Catholics to embrace missions with renewed zeal while opening the church to "dialogue" with different cultures and religions.

The Pope issued the challenges in the northern industrial city where up to 150,000 people braved chilly morning showers to attend an outdoor Mass.

Reminding the multitude of the Christian's obligation to be a witness for Christ, the pontiff, speaking in Portuguese, asked: "If you are not the witnesses in your own environment, who will take your place"?

He said "the deepest expectations of the world" and "the great certainties of the Gospel" intersected in Christian missions because "without God the human being does not know where to go and does not even understand who he is".

The Church, he warned, risked "dying over time" if it rested on the laurels of "what we still have or think we have".

Intertwining the call for missions with the need for openness to other traditions, the Pope said the world had changed in recent years, altering "humanity's anthropological, cultural, social and religious framework".

"Today the Church is called to face new challenges and stands ready for dialogue with different cultures and religions, seeking to build together with everyone of good faith the peaceful fellowship of peoples".

Following the outdoor Mass, President Aníbal Cavaco Silva was to bid the Pope farewell at Porto Airport from where the Pontiff flies back to Rome.

Festive crowds of thousands welcomed Benedict XVI to Portugal's second largest city on Friday morning on his arrival by helicopter from the central town of Fátima, home to the country's holiest shrine of Our Lady of Fátima.

At the shrine Thursday evening, the Pope challenged the country's bishops to be "creative" in perfecting and finding new ways to help the needy.

The "poverties" that required the Church's attention, he underlined, included "the lack of a sense of life and the absence of hope". He urged the 40 bishops to

He urged the 40 bishops to continue their roles as "prophets of justice and peace" and "defenders of the inalienable rights of the person".

Benedict XVI called on Catholics to be "true witness to Jesus Christ" in the middle of a secular society, especially in the midst of those areas where "the silence of faith" was "deepest": the political, intellectual and media spheres

Earlier, at Our Lady of Fatima

shrine, the Pontiff reaffirmed the Vatican's opposition to abortion, divorce and same-sex marriage in a meeting with church social and welfare workers.

He also celebrated an outdoor Mass for up to 400,000 Fátima pilgrims with whom he prayed for "humanity saddened by miseries and sufferings".

The four-day visit began last Tuesday in Lisbon, where the Pope also addressed a huge open air Mass beside the Tagus River and held separate meetings with Portugal's President and Prime Minister José Sócrates.

The Pope said upon his departure that he hoped his four-day stay would serve as "an incentive for a renewed spiritual and apostolic impulse".

Calling Portugal a "glorious nation", the Pope urged the Portuguese to remain steadfast in their tradition of "Christian humanism" at a departure ceremony at northern Oporto's airport which was attended by President Cavaco Silva, and government and church dignitaries.

In an apparent reference to government austerity measures announced during his visit, the Pontiff called for national "concord" to face "the challenges with common responsibility".

In a brief farewell address, Cavaco Silva, who attended all the high points of the Pope's itinerary, said the visit left Portugal "reinvigorated by the message of hope and confidence".

The President said the Portuguese had found in Benedict XVI aperson filled with "human goodness, serene charisma, profound thought, and strength of will", all "inspiring signs" for a "time of great challenge that we face".

TPN/Lusa

Photo above right: Pope Benedict XVI prior to the celebration of Mass in Oporto on May 14th during the last day of his visit to Portugal. (Photo: Lusa/Mário Cruz)

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EC proposes Estonia joins Euro area in 2011



The European Commission has issued its 2010 Convergence Report in which it assesses progress regarding convergence of countries with derogation from Euro area membership, finding that former Soviet Union republic Estonia will be ready to join the Euro currency next year.

The EC explains its assessment takes place against the background of the global financial crisis, which has affected the prospects for nominal convergence.

The nine Member States with a so-called 'derogation' have made uneven progress on the road to the single currency, and eight of them do not yet meet all the conditions for euro adoption.

However, Estonia stands out from the group, fulfilling the criteria cleary, as a result of determined and efficient efforts by the Estonian government and Estonian government and Estonian people. Therefore, the Commission concluded that Estonia meets the criteria for adopting the euro and made a proposal to the Council to this effect.

The Council of EU finance ministers (ECOFIN) will take the final decision on the adoption of the euro in Estonia in July, after the Parliament has given its opinion and the EU Heads of State and Government have discussed the subject at their summit meeting in June.

"Estonia has achieved a high

degree of sustainable economic convergence and is ready to adopt the euro on 1 January 2011. We commend Estonia for its long-standing commitment to prudent policies. To ensure that the adoption of the euro is a success, Estonia must pursue its efforts to maintain a prudent fiscal policy stance, said Olli Rehn, EU Commissioner for Economic and Monetary Affairs.

Monetary Affairs.
"Estonia needs also to remain vigilant and react early and decisively in case signs of a build-up of macroeconomic imbalances and/or losses of competitiveness were to appear. It must now speed up its practical preparations to ensure that the changeover takes place smoothly."

The Commissioner added: "The assessment and our proposal is also a strong signal about the euro area and to the EU more broadly. It underpins the role of the Euro as medium-term policy anchor and confirms that sustained policy efforts and a long-standing record of stability-ori-

ented policies generate concrete results".

The nine EU countries covered by the Report are Bulgaria, the Czech Republic, Estonia, Latvia, Lithuania, Hungary, Poland, Romania and Sweden, According to the Treaty, the Commission reports every two years on the subject. The criteria for euro adoption consist of four stability-oriented economic conditions regarding the government budgetary position, price stability, exchange rate stability and convergence of long-term interest rates, which need to be fulfilled in a sustainable manner. The national legislation on monetary affairs must also be in line with the EU Treaty.

Photo right: Finland's EU Commissioner for Economic and Monetary Affairs Olli Rehn during a press conference on the Convergence Report, at the Commission Headquarters, in Brussels on 12 May. (Photo: EPA/Eric Videl)





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Audi MedCup 2010/Portugal Trophy



The first stage of the 2010 Audi MedCup took place in Cascais last week, between 11th and 16th May, with Emirates Team New Zealand taking the honours in the TP52 Series, which came as no surprise.

The defending winners of last vear, Dean Barker's team, which won four out of the ten regattas in 2009, won the event with one regatta to spare, followed by Audi A1 powered by ALL4ONE of Jochen Schuemann with the last place on the podium going to Artemis, of Torbjorn Tornqvist.

The Portuguese team Bigamist 7, of Pedro Mendonça, managed a spectacular win in the first regatta of the final day, beating current title holders Emirates Team New Zealand and the Argentine team Matador. In the final regatta, Bigamist 7 ended ninth as it was handed a penalty, having to perform two complete turns (720°) on its axis before continuing, taking eleventh place overall in the first event of the 2010 season

In the GP42 Series, Puerto Calero dominated throughout, ending the event with a six point advantage over Madrid - Caser Seguros team and twelve over Iberdrola, with the podium being all Spanish at the end.

Democrats Abroad to hold VotersRegistration morning

New Federal laws require all US citizens to register to vote from abroad in every calendar year. To conform, Democrats Abroad Portugal will hold a Voters Registration event on Saturday, June 5 from 11 am-2 pm.

All are encouraged to come to Milchen's home in Torre, Cascais, next to TelePizza, to $register\,either\,on\,paper\,or\,on line.$ For exact details and directions, contact Milchen 21 482 0353 or demsportugal@gmail

Chair Stuart Schuvler says. "This is a critical time for the Democrats. They could lose their majority in the House and the Senate. They are under relentless unprincipled attack from an invigorated opposition. Therefore, it is imperative that all come and re-register.'

Alternatively, citizens can register online at: www.fvap.gov

Charity, music and community meet in



Drug smugglers arrested at Lisbon Airport

Judiciary Police have announced the arrest of two individuals arriving from Caracas, Venezuela, at Lisbon Airport this week.

According to Judiciary Police, both men were carrying 47 kilos of cocaine in their suitcases, enough for 235,000 individual doses Both men are residents in Lisbon, one is unemployed and the other is a doorman, with one having already been incarcerated for drug trafficking

Opening Lisbon cafés or restaurants made easier

As of July, a citizen wanting to open a restaurant or coffee shop in Lisbon will be able to head to one single location to acquire all the necessary licenses for the construction and opening of a business.

An agreement for the creation of a business desk was signed between Lisbon Council and State Secretary for Administrative Modernization Maria Manuel Leitão Marques last week, which is planned to be installed at the Company Shop in Lisbon's Town

Hall. The new service is aimed at people wanting to open new businesses in the capital and is the main measure of innovation within the Simplis 2010 project. Initially the service will only be

available to open new restaurants and coffee shops, but it is expected to broaden to other areas after evaluations are made from the first phase.
The big advantage of this new

service is the creation of a unique place where an entrepreneur can begin his business and track the progress until he/she can begin his/ her activity, saving substantial amounts of money and time.

Intelligent traffic management system in

 $Lisbon \ \ \, \text{Lisbon will soon be implementing a new traffic management system,} \\$ which is expected to save drivers 30 percent of their time spent in the capital's traffic jams.

This new technology to be installed throughout Lisbon allows the system to control the city's traffic with intelligent networks, which in turn controls the changeover time of traffic lights. Besides the time advantage this system brings, it also cuts down CO² emissions considerably.

Lisbon Council signed a protocol with Siemens, the company developing the system, on Friday for the installation of the intelligent system network throughout the capital.

Francisco Rauter, a Siemens traffic solutions specialist, said "Using intelligent algorithms for control, traffic can be managed. This is analysed in real time by cameras spread throughout the city, which control the traffic lights in order to optimize traf-

This system also assesses traffic flows at certain times of the day, if there are any accidents, construction work or other situations that might affect traffic.

This technology is already being used in the USA, Germany and the United Kingdom, having improved waiting times in traffic by 30%. The date for the installation of this system in Lisbon has not vet been set by Siemens although the company disclosed it will be soon.

If these changes are made together with the planned switch to electric vehicles, the path to improve the city's sustainability

will be set. By 2020, the government hopes that 10% of all vehicles circulating on Portuguese roads will be powered by electricity, hoping to guarantee a 25% reduction of CO2 emissions.

Another innovative technology that might be put into practice in Lisbon are the ELV (Extra Low Voltage) traffic lights, which work at 48 volts, instead of the conventional 200 volts, representing huge savings in energy.

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Propósito Puro to share their

ideas and also, for business

leaders to come and exchange

business related global views

and thoughts towards world

A Celebration of art, music, charity, and a community cocktail took place at a unique and inviting new gourmet shop in Mt Estoril, Propósito Puro on May 17.

Propósito Puro is a gourmet Sandra has associated herself shop that was founded by Sandra Guedes on December with a group of community phi-17, 2009 with Charity, the Community in her mind and lanthropists that began the Legacy Scholarship Fund in Portugal. These "Legacy Ladies" as heart! She says, "it is a place I wanted to build to bring people they are referred to, was founded together, where they feel happy to relax with a coffee in by Sue Alvares Cabral and Mercedes Mottek, two ladies the shop, happy to stay and read a book if they so desire and with an unstoppable force to-wards charity, building commua place where people of all ages nity spirit and drive to help talcome to gather and always feel welcomed with a smile." She ented students in Portugal to achieve their dreams by gifting believes in "sharing" and also wants to use Propósito Puro as a meeting place to exchange them with unique scholarships known as The Legacy Scholarship Fund in Portugal. ideas, bring local writers to dis-cuss their works/books, artists

The evening was a huge success. The shop was filled with student musicians from St Julian's School entertaining the evening, teachers, local business leaders and special guests. Wontasting derful wine tasting occurred throughout the evening and valuable door prizes were drawn, as well. Everyone is en-couraged to shop at Propósito Puro because a percentage of

every sale goes to help build the Legacy Scholarship Fund in Portugal. "I am encouraged by these Legacy Ladies and admire their determination and mission. They have helped so many deserving students already, its my pleasure to support the Legacy Scholarships in Portugal to help encourage every stu-dent to reach their maximum potential," says Sandra. She is also completing the library downstairs in the shop with a spacious meeting room for the entire community to enjoy. It will be completed in the next several

For more information about the Legacy Fund and Galaevents: Legacygala2010@gmail.com

Proposito Puro is located on Avenida Saboia, 514, loja A,B, Monte Estoril. Tel: 211 536 367. www.propositopuro.pt

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20 algarvenews

Nightclub association wants illegally licensed venues

closed during summer



The Algarve Nightclub Association has said it will be lodging an injunction to prevent "illegally licensed" night venues, funded by local councils, from functioning during the busy summer months, claiming they create unfair competition, said José Manuel Trigo.

 $The \, Trigonometria\, and \, T\, Club$ owner considers past examples, such as Sasha and Manta Beach, summer venues subsidized by councils during the busy summer months, are a clearly robbing taxpayers and end up harming businessmen who invest thousands of euros to keep nightclubs open throughout the year in the region. José Manuel Trigo says this is one of the main concerns for nightclub owners in the Algarve, with longer working hours bars are entitled to, and have the obligation to employ private security also posing a big outlay to night-

"Nobody can compete against a unregulated market" said José Trigo, who questioned "How can I compete against a council, or somebody subsidized by a council, who brings in a fantastic DJ that costs £40,000 when I can only pay two or three thousand?"

According to him, the existence of temporary places like Manta Beach or Sasha are extremely bad, mainly because they are financed with public money and they do not comply with legal requirements other nightclubs are forced to abide by. "It's our taxes that are being used to create competition with our establishments. This is robbery. This can be called stealing. Nobody looks at this seriously. And then politicians say sacrifices must be made" criticised the businessman, exemplifying Loulé Council who licensed a space at a congress

The nightclub owner said that injunctions were filed against Manta Beach and Sasha last July, but the Courts had just begun their holidays and in September he was told there was no point in carrying on with the legal proceedings.

"We [the association] decided we would strike back during this period, with early requests for injunctions in order to win our rights" he said, adding that the association has held meetings with Turismo de Portugal, Turismo do Algarve, and with politicians from several parties to voice their concerns.

The association's efforts have not been in vain, as it has already been able to convince the Allgarve organisation to stop promoting the AllgarveDance, which was supposed to take place in three illegal venues, Lollypop (Praia Verde, Castro Marim), Manta Beach (Manta Rota beach, Vila Real de Santo António) and Sasha (Praia da Rocha, Portimão).

Now, the association hopes to prevent unfair competition during the Algarve's busiest season, two months before it begins.

Armed robbery in Praia da Rocha

Three hooded men entered the Plaza Real Aparthotel and threatened the receptionist with a firearm last weekend, stealing four thousand euros from the reception's safe.

Speaking to Lusa newsagency, a receptionist of the Plaza Real Aparthotel explained that the robbery took place at around midnight on Friday 14th, when the hotel's bar was full of clients during the karaoke night. Maybe it was due to the loud noise from the karaoke that nobody heard the commotion in the reception, the men threatening the receptionist with a gun and demanding she open the safe, taking around £4,000.

According to the same source, the money stolen was from safe rentals, exchange money and boat rips, with the whole robbery being filmed on the reception's CCTV.

The robbers had an accomplice waiting in a car outside the hotel, but he was not filmed by the surveillance cameras.

The men have not been arrested yet and Judiciary Police are investigating the case.

Two tonnes of hashish seized in Lagos



Last Friday Judiciary Police announced the arrest of fourteen people, having seized around 2,000 kilos of hashish during a megaoperation carried out in Lagos.

According to Judiciary Police, six of the detained individuals, aged between 21 and 42, are foreigners, with the other eight being Portuguese.

The drugs, brought in from Morocco, were divided into 75 parcels, fifty of which were found inside a vehicle and the others in the transporting vessel.

It was the second largest drug bust of the year in the Algarve, with the biggest taking place on May 4th, when four tonnes were seized on Figueira beach, in Vila do Bispo.

During the operation, named 'Alleluia', three boats, seven vehicles, money and several documents were seized, as well as the 2,000 kilos of hashish.

The GNR were aided by Spain's Guardia Civil, the Portuguese Navy and Air Force for the completion of this operation.



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It has been described as one of their best plays to date and was thoroughly enjoyed by three nights of practically-full houses at Lagoa's auditorium; the Algarveans' rendition of the legendary British sitcom was an outstanding tribute to the original series.

Set during World War II 'Allo 'Allo! tells the story of René Artois (played by Trevor Herrington), a French café owner in a village occupied by the Germans, and his wife, Edith (perfectly portrayed by Gloria Costa), who regularly sings in the café despite being an appallingly bad singer—a fact to which she is completely oblivious (and in Gloria's case was completely intentional!).

In the original series René is forced to work with the Resistance, who threaten to shoot him for serving Germans in his café, while at the same time the café is being used as a safe house for two brave but clueless British airmen.

The Algarveans' "hysterically funny" interpretation of this acclaimed 80's sitcomproved a massive hit and reaffirmed the group's abilities to perform and entertain. It was described by many in the audience as "by far one of their best plays to date".

Mrs. Duarte of Carvoeiro said
"It was fantastic. Gloria Costa's
singing performances rivalled
those of Sian Hughes Roberts in

[a previous play] 'Gloria'".

This enthusiasm was echoed by Mrs. Sobral of Portimão, who said "It was really well produced and the interaction with the audience was great.

"The set was really well done and the entire cast was perfect from start to finish. They stayed in character with their accents throughout. The switches between scenes were flawless and it was very, very funny, especially the first half. Just like watching TV".

Mr. Richard Thurman described the show as "extremely good and most professional".

In an amusing poem sent to *The Portugal News*, he paid tribute to the group's efforts by writing:

"The Algarveans have added another string to their bow by presenting a first-class repeat of 'Allo 'Allo"

"There was as dear, likeable René Artois, with, perhaps, the longest dialogue to say by far, by far.

"Then there was Jenny Dackombe-she was quitenice! She should' ve fooled the audience by 'telling it twice'!



"The German Officers strutted about and had lots to say, General von Klinkerhofen acting like a "how do you say?!"

"Des Briggs minced his words but still sounded quite 'French', Sandra Inca's Yvette and B. Briggs' Maria; both comely wench.

"There was Boe's sexy Helga and Leonard's curt Herr Flic, then "Ma in wheelchair" Sian, whose remarks were quite slick. "The RAF 'bods' Derrick and Robert, they were bound to return soon, when they made a couple of 'boobs' trying to escape by balloon

"Best was Gloria Costa's 'Edith' and her off-key refrain An unforgettable rendition of 'Feeling a Loaf Again'!

"The night's performance, fully enjoyed by each and every soul, much to the credit of B.J. Boulter and a certain D. Butler-Cole."

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worldview



Thai Prime Minister Abhisit Vejjajiva arrives for a cabinet meeting at the 11th Infantry Regiment in Bangkok, Thailand, 18 May 2010. Abhisit is meeting as the red shirt protester's rebellion intensified at several other points in the city. The death toll from fifth days of clashes which have turned the heart of the capital into a war zone has increased to 36 and another 279 people had been wounded including four journalists.(Photo: EPA/Narong Sangnak)

Thailand: A Close Call



"The government does not want to negotiate, so I think many more people will die, "said "redshirt" leader Sean Boonpracong in Bangkok on Monday. "This will end as our Tienanmen Square." Mercifully, it didn't.

The danger was real enough. If the army had used all the force it had available in trying to clear the thousands of protesters out of central Bangkok, which they had occupied since mid-March, there would have been a massacre. And if hundreds of poor peasants (for that's what most of them were) had been killed by the army, then it would have been trapped in power perma-

nently.

If you commit a massacre, you HAVE to stay in power. Relinquish it, and in a year or two you will be facing a court charged with heinous crimes. So Thai de-mocracy was at stake in Bangkok this week in a most fundamental way. Fortunately, the army used much less force than it might have when it cleared the area on Wednesday (only six people killed), and the protest leaders avoided further blood-

shed by surrendering.
One is tempted to say that this demonstrates the basic common sense of Thais, except that we have just had such vivid demonstrations of unreason from the very same people.

wo weeks ago Prime Minister Abhisit Vejjajiva had agreed to the protesters' key demand:

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new elections this year. Instead of closing the deal, the protesters insisted that Abhisit also order the arrest of his deputy prime minister for having ordered an earlier attack on their encampment in which about 24 people were killed.

Abhisit refused, of course and then cancelled his offer of elections this year as well. That is why another forty people were killed in the past two weeks, and why democracy in Thailand ended up in real danger. The obstinacy of both sides needlessly prolonged a confrontation that might have ended in much blood. It was more by good luck than by good judgment that the Thais got through this phase of the crisis without mass kill-

But there was a lot of killing: sixty-odd dead over a period of weeks, almost all of them protesters shot by the army, is certainly not a success story. The Thais went right to the brink of civil war over the past two months, and the crisis is not over. Abhisit has withdrawn his promise of elections this year, and shows no sign of reinstating it.

The "redshirts" who feel cheated by the political manipulations that put Abhisit in power have retreated from central Bangkok, but they are still very angry and they certainly predominate in northern and north-eastern Thailand, the country's rural heartland. They could seize control of much of it tomorrow. if they chose to do so.

The roots of this crisis are in the military coup of 2006, when the Thai army overthrew the elected government of Thaksin Shinawatra. Thaksin, an ex-policeman who became a telecommunications billionaire, was not an ideal prime minister; his "war on drugs" involved thousands of illegal killings of dealers and addicts, and his response to unrest in the Muslim-majority far south was clumsy and brutal. But he endeared himself to Thailand's poor.

Thailand has been a democracy since 1992, but Thaksin was the first politician to appeal directly to the interests of the rural poor rather than just bribing their local village headmen to deliver their votes. He promised them debt relief, cheap loans, better health care, and he delivered - but that was not how the urban elite wanted their tax money spent.

A "yellowshirt" movement seized control of the streets of Bangkok, seeking Thaksin's removal and demanding curbs on the voting rights of peasants because most rural people were too ignorant to make wise choices. After months of confrontation in the streets, the army took control in 2006, ejecting Thaksin from office – but it was not unequivocally on the side of the "yellowshirts" either.

The soldiers allowed a new election in late 2007 - and Thaksin's supporters won again, of course. His opponents used the courts to dismiss two prime ministers drawn from the pro-Thaksin party for "conflict of interest" (in one case because the prime minister appeared on a television cooking show), and ultimately simply had the whole party banned and its members ejected from parliament.

The rump of the parliament. cleansed of most representatives of the rural poor, then voted in the current prime minister, Abhisit Vejjajiva. The Vejjajiva. Abhisit Vejjajiva. The "redshirts" started their occupa-tion of central Bangkok two months ago in order to obtain his resignation and a fresh election. They have not changed their demands, nor is there any good rea-

son why they should.

The basic issue in dispute here is whether Thailand is really a democracy or not. If it is, then one way or another the "redshirts" must get their way, for they represent a clear majority of Thais, and they were cheated of the government they chose. But there is no obvious way to get from here to there.



based independent journalist whose articles

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Grasshopper Greens

For more information on Grasshopper Greens, please contact Martin on 289 093 387, visit www.grasshopper greens.com or email info@grasshopper



Find out all about Hope Farm Retreat on their websites www.hopefarm etreat.co.uk. www.rehab portugal.co.uk, or call 268 688 097 to hear a friendly voice and receive advice



Odexpool

For more information on website

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Another Quality product from M2M Blinds

M2M Blinds have now been the Algarves best suppliers and installers of internal window blinds and flyscreens for 3 years. They have the most comprehensive ranges for both products. Denny Bird owner of M2M

Blinds has intronow duced other quality product to add to his others which blends with them ide-

wi. ally. The new product is winfilm, dow M2M carry many different types includ-ing reflective privacy films in a variety of colours, matte finish privacy film and clear films that allow light through block harmful UV rays that

will stop the sun damaging your fur-niture and furnishings. They also have a clear film that helps reduce the

M2M have a very good selection of internal window blinds including the popular vertical, roller and

venetian. Also they are still the only suppliers of perfect fit blinds especially designed for internally opening windows and doors. With many fabrics to choose from including solar reflective and blackout.

Their flyscreens range simple the fixed magnetic screens to the top of the range pleated retractable with all types of screen available they will have a solution"to those keep unwanted guests out" More rerecently they have en closed customers ered terraces balcoand nies to provide more

protected areas for eating outdoors

these are proving very popular.

M2M Blinds will once again be on their stand no78 at the International Fair in Lagoa June 5th & 6th so please feel free to visit them and see all their



Grasshopper Greens

ture in Portugal, selling golf trolleys. It was soon after this, at a London Golf show, he saw the poten-tial of synthetic lawns in Portugal. In just four years, Grasshopper Greens has become the Algarve's foremost

provider of synthetic grass, offering a range of products for all applica-

The company was originally established to offer top-quality synthetic putting greens, as used by many PGA professionals for home practice. Closely replicating the playing characteristics of a natural surface, synthetic lawn requires no maintenance or watering.

These advantages were soon to attract interest from beyond the golfing sector. With the ever-increasing cost of garden watering - especially to maintain a lush lawn throughout the intense Algarve summer - synthetic grass offers homeowners a viable no-fuss alternative. Easy to install, it is now used for lawns, patios, sun terraces, verandas, pool surrounds - even as safe play areas

Martin runs Grasshopper Greens with an enthusiasm that reflects his

confidence in the product. "The latest synthetic lawns are deceptively realistic and are ideally suited to the Algarve sunshine - UV protected, strong and durable, they never fade or lose springiness.

"Nowadays we're attracting interest not only from homeowners but also from developers and landscapers - last year, for example, we installed synthetic lawns on thirty six roof terraces at a new development in Tavira. Synthetic lawns are ideal for areas where normal grass wouldn't present an unnecessary drain on precious water resources; yet they add a welcoming, comfortable and lush aspect to all kinds of outdoor areas.'

Most recently, the company has moved into providing synthetic surfaces for tennis courts and soccer pitches. Their latest project is a 700 square metre croquet lawn for a client in São Brás de Alportel - the first synthetic croquet lawn in Portugal.



Hope Farm Retreat



Odexpool, please visit their shop in Lagos, visit their www.odexlar.com_call

odexlar@mail.telepac.pt. They are also on facebook, twitter and have a blog: odexlar.blogspot.com.

Manager on tel: 707 500 677



This would seem fairly simple to accomplish, Wrong! I have been told many tales of woes; about the numerous poolmen who thought they knew what they were doing. Not all poolmen have been on a pool maintenance course to give them the basics of pool maintenance. Its sad to say but most of the time it's going to be a trial and error process, mostly your trial and their error. Recommendations from friends and family are about the best way to good as long as the pool they own does not look a complete mess. They might think that the pool looks great but if the problem has crept on over a period of time, they might not notice it.

Options for getting your new poolman: You can either try and obtain one from your local big name store (they usually have poolmen contacts who buy supplies from them) as they will only recommend reliable people in order to keep their reputation or you can speak to local small company stores

Beware of a high turnover of poolmen: in a small company it's not normally a good sign for you. You could end up with the oldest member with the biggest work load. Not a good idea. There are many reasons why a company would have a high

turnover of employees: The owner of the pool company overworks his employees, forcing them to work quicker, which in turn causes them to do a bad job. The owner of the company is too cheap to spend money on chemicals to do the job right the first time, forcing the poolman to have a more difficult time. Instead of nailing the problem the first time round, two or three attempts are needed and this tends to get old very fast if you're the poolman who gets the complaints. Poolman started in the winter and summer arrives and it gets too hot for him Poolman gets overloaded with work asks for a pay rise and then quits when he does not get one. Owner fires Poolman for doing a bad job or no job at all. This happens when your pool has gone green, yellow or black with algae have seen pink algae but it is very rare. The best time to hire your poolman is during fall or winter, as it is then you can judge his ability best. If you have lots of plants and trees around your pool, give him some leniency as he is going to have a hard time keeping it spotless. Green areas around the pool generally means a green or yellow pool in the summer and dirty in the winter. If you keep your trees trimmed and cut back the shrubs it will mean a happier Poolman and a happier you.

Hope Farm Retreat

Hope farm retreat is an alcohol and drugs treatment centre that has recently opened near Campo Maior in the Álentejo, overlooking the Caia

dam .The retreat itself is situated on a1200 acre working farm of olive groves and rolling fields of wheat and sunflowers.

The team consists of counsellor Daniel Faulkner. а

of sobriety maintains his enthusiasm

for the programme of recovery.
The "Spiritual Key" program of recovery used at hope farm retreat consome of the deep seated issues that often coincide with addiction.

from Hertfordshire who moved out to Portugal two years ago with his wife Sarah, who was born and bought up on the farm. Daniel gained so much from his sobriety that he decided to build his own centre where he could put his knowledge on the subject to good use in helping the increasing number of sufferers of alcoholism and drug addiction. The program director is Tony Briggs a qualified theologist and published writer in the field of addiction, who even after twelve years

sists of an in-depth look at the twelve steps of alcoholics anonymous. This takes the addict from denial to acceptance, through to willingness to change and making amends which prepares them to embrace a new way of life. Alongside the lectures on the program the clients receive one to counselling that deals with

After an intense day of personal discovery the clients have time to enjoy all the farm has to offer, cycling, riding, walking, massage therapy as well

as simply enjoying caring mals. The sheep, pigs, h o r s e s , chickens dogs and cats are very friendly and make for a fun petting zoo experience. Hope farm re-

vegetable garden in which organic vegetables

treat also has

are grown for all to enjoy.

Campo Maior is a picturesque typical Alentejano town with its own cas-tle and church, it is also famous for its flower festival in which the streets are lined with a canopy of paper flower hand made by the townspeople. This however is not the only place of historical and cultural interest in the area that the retreats clients will have the opportunity to visit. There is Elvas with its impressive aqueduct, Marvao and Monsaraz both with outstanding views from their castles, Merida with its roman amphitheatre and there is a weekly craft fair in Estremoz.

The accommodation at the retreat is a converted contemporary country cottage with magnificent views of the lake and access to a refreshing swimming pool. Hope farm retreat can accommodate a maximum of 8 people which makes for a homely family at-mosphere and the one to one approach is set to help many recover from the life threatening disease that is addiction

The opinions expressed here are those of our readers and not necessarily of The Portugal News. The editor reserves the right to edit letters or refuse publication. Send your letters, which must include your name and full postal address (even if you wish to remain anonymous on the page), and should be under 300 words, to The Portugal News, Apartado 13, 8401-901 Lagoa. E-mail address: letters@theportugalnews.com

Re. article by Gwynne Dyer

SIR, Reference 'Extortionate' Concessions Won by Clegg - TPN, 15/5/10, Pg. 22. Gwynne Dyer holds that the Lib-Dems got a high price for supporting Cameron. As a Lib-Dem myself, I am deeply disappointed, (though I think he did very well for a youngster!).

Nick Clegg beganthe campaign by emphasising his pro-Europe stance and opposition to American warmongering. His party had voted against the Iraq war; Ken Clarke was the only Tory with the guts to do that!

The Tory old guard (including army and navy ex-professionals) see 'Defence' as including massive expenditure on the forces and white elephants like Trident, which Clegg would do away with in his drive to get us out of our debts.

He knows that our only defence against being the target of suicide bombings has to be by dissociating the UK from American aggression and from support of Israeli aggression (into which the US annually pumps billions of dollars), and that NATO needs to become Euto. If he had given all this priority and stood up to Cameron, we wouldn't have had to suffer the spectacle of the egregious Hague's 'love-in' with Mrs. Clinton. Obama calls us his most important ally and Hague says the same about the US. How $appalling \, for \, Clegg \, and \, all \, loyal \,$ Britains!

MALCOLM JUSTINS, By e-

Misleading information provided by TAP

Like many other airline travelers I was recently affected by the volcanic ash cloud. I was scheduled to travel from Faro to Lyon via Lisbon on 11th May by TAP. My ticket had been booked through a travel agent in the Algarve. Before departing from my home I checked the TAP website and it showed no cancellations for 11th but many the day before (10th). I contacted the general information desk at Faro airport by telephone and they advised that the Faro to Lisbon flight had been cancelled, but advised I should nevertheless go to the airport. On arrival it was confirmed by TAP agent that the flight had been cancelled and I could reschedule at no extra charge.

I contacted my travel agent later the same day and tried to book the same flights one week later and was informed that TAP would charge an extra Euro 100 for the price of this ticket. If I wished to cancel the booking I would not be entitled to a refund but instead to a credit receipt to use for booking a future TAP flight.

Ithen checked the TAP (English) website and it stated the following under "volcanic ash cloud". "TAP is not charging any kind of penalty for flight reservation cancelled as a result of the ash cloud". "If you booked through a travel agent, you should contact the travel agent and they will alter your flights and dates at no extra cost".

Thirdly it states under refunds that "any form of recompense can only be made as a result of flights cancelled because of the ash cloud"

This issue was taken up with TAP who stated that these were their rules. However when I checked the TAP website a few hours later although the link to "volcanic ash clouds" was still there the content had been removed.

I feel that the above information provided by TAP on their website was misleading and would welcome a statement from the airline.

NAME & ADDRESS SUP-PLIED

Gypsy couple caught stealing a dog

This is about gypsies stealing dogs. They put them in their carts and cover them with blankets and cloths and then the children on top act as extra camouflage. It's easier to spot from a car than on foot because you can see the discrepancy in the level of the bottom of the cart.

These gypsies are in Calvário near Lagoa and everyone is afraid of them, but apparently they have stolen alot of dogs in the area. They are very quick, so watch your animals and don't let them go out alone on the street. Protect your property and land with fences. Be aware.

NAME & ADDRESS SUP-PLIED

A silly story

SIR, Mr. Lavery (TPN, 15 May) might like to read a silly story I posted on one of my blogs last week, which would seem to answer his question as to how Portugal can lend money to Greece, (http://theunique propertysite.wordpress.com/) Click on Property Market Notes, and select The Death of the Euro.

The story involves a bunch of drunks in a pub who can't pay the bill, and so they write IOUs to each other, and try to pay the bill that way.

In the real world ... perhaps I should re-phrase that: in the make-believe world of politics it works slightly differently. Portugal agrees to loan Greece some money. Portugal then creates a financial instrument called a Euro Relief Bond. It deposits that piece of paper with the European central bank (ECB). The bank then lends Greece the money using that piece of paper as security

If Greece doesn't pay back the loan, and no-one in their right mind thinks they will, the bank will ask Portugal (very nicely of course) to shoulder the loss.

Portugal will then, (very nicely of course) suggest that the EUB monetises the debt instead. That means the EUB sends a note to the printer asking for a few m

The bank then asks Portugal, (very nicely of course) if, now the bond has been monetised, they would care to settle their debt of honour. Portugal duly reconsiders its position, and being a nice government, and not wanting the renege on its promise, releases the newly printed money back to the EUB, who mark the debt "satisfied".

It's very easy really. All you need is a printing press, a few friends in high places, and a completely batty public who willingly accept all this, and cover the debt out of their taxes. I'm seriously thinking of moving to Brasil before my next tax bill comes in.

However, I am tempted by the kind (sarcastic?) remarks in Martin Scribbler's (Scribbler indeed!) recent letter to stay and cause more amusement, or, better still, mass indignation, amongstreaders.

JOHN CLARE, Arao

LESSON 33

Marriage!

Brendan de Beer

Classed as a mental illness by the World Health
Organisation until as recently as 1990 and a crime in
Portugal until 1982, homosexuality this week 'won'
another battle when same sex unions were given the
thumbs up by a hesitant president here in Portugal.

Keeping a pledge made in its election manifesto late last year, the socialist government forced through a bill in February allowing persons of the same sex to enter into a legally binding union, needing only a presidential rubberstamp of approval — which it took over three months to receive.

to receive.
Addressing the nation on Monday evening, conservative President Cavaco Silva grimly announced that he would not veto same sex marriages, not because he was in favour of it, instead as it was in the best interests of a country in turmoil.

In addition, while the president enjoys a veto right, it essentially only serves to stall legislation which enjoys a parliamentary majority, as a second round of voting in parliament would overrule any presidential veto.

Unlike Britain, Germany, France or even Denmark - the first country in the world to legalise gay unions, Portugal has opted to award homosexuals similar rights to their heterosexual counterparts.

However, these countries all chose not to call these unions a 'marriage'.

President Silva, in announcing to the nation his decision to not stand in the way of gay marriages in Portugal, used other European nations as an example, lamenting that lawmakers in Lisbon had not found a solution similar to those applied in the United Kingdom or France

In his address to the nation, the president also cautioned that the manner in which the law was forced through could create deep divisions amongst his country-

"It is regrettable that there was no will to find broad political consensus amongst parties to avoid unnecessary splits in Portuguese society", he said.

"Only in seven countries in the world is the union between two people of the same sex defined as a marriage and of the 27 European Union member states, only four apply this principal" he lamented, adding that Portugal could easily have passed a bill not equating homosexual and heterosexual unions.

"Idon't think that anyone can honestly say that the United Kingdom, Germany, France, Switzerland or Denmark are backward countries", he said in explaining his desire that homosexuals not be given the same civil rights as unions of opposite sexes.

The bill that was promulgated this week by Cavaco Silva was based on a decree presented to parliament in February by the socialists who received the backing of the Left Bloc, Communists and the Greens.

The Christian Democrats

voted against the proposal while the largest opposition party, the Social Democrats allowed MPs to vote independently of the party line, resulting in six abstentions and the remainder all voting against.

Two socialist MPs also voted against the bill.

In comments to Lusa News Agency, the Church reacted negatively to the passing of the legislation, sharing views similar to those expressed by the president.

Archbishop Jorge Ortiga, president of the Portuguese Episcopal Conference said "other solutions" should have been sought - namely, civil unions

He blamed left-wing political parties for not "considering, among several options, the one that would bring the smallest amount of conflict or the one that would be most widely accepted".

In his view that would have been same-sex civil unions. "This would have allowed [same sex couples] to have their rights", Ortiga said, "just as happens in many European countries - advanced ones, too".

"The Church does not discriminate against anybody, and we're fully convinced that these people's [gays and lesbians] situation could have been settled in a different manner", Ortiga added.

The government has meanwhile said this week's decision by the president was an "historic" event

"Our country has been a pioneer in decisive human rights issues such as the abolition of the death penalty", said Jorge Lacão, the Minister of Parliamentary Affairs.

"It is not a problem, quite the contrary, that Portugal can be a pioneer in the defence of human rights, in matters relating to the defence of human dignity, in the development of each one's personality and in the fight against discrimination, namely those based on sexual orientation", said the minister.

Gay and lesbian groups, while praising the passing of the legislation, and bearing in mind the government's comments that it was a "pioneer in human rights", said the next struggle would now shift towards allowing adoptions by gay couples, which is currently expressly excluded from the legislation.

Another issue to be dealt with is what rights can be enjoyed by the 'wife' of a lesbian mother who has a child after a same sex marriage.

Meanwhile, the Ministry of Justice said this week notaries will be prepared to deal with the intricacies of 'marrying' two people of the same sex. Grooms or brides will also be allowed to assume the name of their partner or retain their own.

Portuguese for Beginners

- ⇒ Put the verbs in brackets in "Presente Simples do Indicativo".
- A Rita _____ (vender) bonitas peças de decoração novas e também em segunda mão.
 O Miguel e a Ana não _____ (concorrer) para o emprego porque é um trabalho nocturno onde eles _____ (receber) pouco dinheiro.
- 3. Todos os anos a empresa ____ (promover) uma festa para os trabalhadores e família.
- **4.** *POLÍCIA* ____ (**prender**) PERIGOSO ASSASSINO EM FUGA.
- 5. Nos bancos os clientes _____ (preencher) os formulários e os impressos com muita atenção.
 6. Na Primavera e no Verão nós _____ (encher) uma pequena piscina para as crianças.
- 7. Eu ____ (entender) bem a língua francesa escrita e tu ____ (entender) bem a língua falada.
- 8. Depois do banho o nosso cão ____ (lamber) sempre o pêlo e ____ (tremer) de frio.
- 9. Nós ____ (cozer) os legumes para a sopa e ____ (mexer) os ovos para a omeleta.
- 10. Tu ____ (estender) hoje a roupa na corda?

⇒ Match the verbs on

⇒ Match the verbs on the left with the most correct words on the right. Then write complete sentences by conjugating the verb in "Presente Simples do Indicativo" - the subject is given in brackets.

- **1.** coser (*tu*)
- a) cem metros
- 2. abater (eles)
- b) um sumoc) uma paisagem
- escrever (você)
 descrever (eu)
- d) umas meias
- 5. aprender (nós)
- e) a mão
- **6.** bater (elas)
- f) a marcha
- 7. acender (ela)
- g) à porta
- 8. beber (ele)
- h) uma árvore
- **9.** inverter (vocês)
- i) um assunto
- 10. debater (eles)
- j) uma lição
- 11. correr (*ele*)12. estender (*eu*)
- k) um poemal) um fósforo
- Please send your completed exercises with a STAMPED, SELF-ADDRESSED ENVELOPE, to me: Emilia Rosendo at The Portugal News and I will return them corrected. The Portugal News Apartado 13 8401-901 Lagoa. To view/download past lessons go to: http://www.epaper.theportugalnews.com

paws&claws 25

assie & Chloe



The Algarve Dog Show 5th and 6th June 2010 Bigger and Better than last year!

The BIG HEART award - Let

the VOTING begin! Voting opened 1st May 2010

- Go to shop.paws4pets.net
- 2. Login (if already registered) or register (YOU HAVE TO REGISTER FIRST)
- 3. Scroll down the Home Page to the poll.
- Register your vote by clicking on the button next to your chosen person's name.

Can I take this opportunity to thank everyone who has taken the time to nominate people for the Big Heart award. It is good that we can acknowledge the people who spend so much time and effort behind the scenes, to help those who can not help themselves.

All votes will be counted up until 12 midnight on 5th June 2010. The winner will be announced at The Algarve Dog Show on Sunday 6th June 2010 at 6pm, and a presentation will be made to the winner at that

Good Luck everyone! Best Paws Forward! ©2010 Paws 4 Pets / 917 152 209 www.paws4pets.net

Hi There!

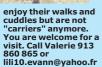
Association Bianca will be present at the International Algarve Fair on 5-6 June! We will have with us two adult dogs for adoption: Cyra and Jeli and a lovely cat, Lucky and a few puppies too. Check them out on our webpage: www.bianca.pt/english and maybe you would like to give a home to one? Come and meet us if you would like to talk about another dog or cat Association Bianca will be talk about another dog or cat that we have. You can contact us at: sesimbra.bianca@gmail.com





Binnea

The Donkey Sanctuary in Estombar is etablished to offer care, shelter and safety to donkeys at risk from neglect, cruelty and maltreatment. We shelter many donkeys at the moment and some would go to good loving homes with suitables conditions.Don't expect to find there young donkeys full of energy. Our donkeys have worked all their life and they are retired! They need a place to rest, they still







This dog lived on a chain in a pig sty since she was a puppy. She's now 7 years old. And here she is smiling on one of the few occasions she gets to run free. My neighbour doesn't want her anymore and never really wanted her in the first place. Finding new homes for older dogs is extremely difficult, but is there someone out there who would be willing to give her a try? She's a great dog, walks well on lead, loves the car, is ok with cats and other dogs, likes to play with one of mine when she gets the chance She's also spayed, vaccinated, heartworm free and seems to thrive on the slop she's fed. Please telephone 926126213 (Silves) if youd like to meet her.

Madhouse update

Spring had sprung so we all thought, till the rain came back tonight-with a vengeance. Clients often ask me how my four are doing and what amusing little tricks they have been up to lately. So here is a little précis of their

First they do not like winter! They do not like the rain and they actually refuse to leave the sanc tity of the house. It is a case of nipping out and back fast when nature dictated.

We had a mad dash up to Porto at the end of January, originally it was just Merlin and Cassie going-then unexpectedly papers arrived for Cleo. Complete change of plans and car. Big car—sudden bath and groom Cleo as well as Merlin and Cassie, try and tidy Chloe, pack food for all and set off on the Fri morning for the longest drive in the world!! We finally arrived at the Ibis at 20.00pm and collapsed in an exhausted heap. All behaved themselves for the weekend-even Cassie was better than she had been but still a 'Muppet'. We finally staggered back here late Sunday night. Thank youto my very long suffering Husband, who came with me in spite of feeling really ill at the time. Thank you, love, from us all.

Next was Crufts, now I must thank Laura and her Dad for taking Cassie for me. I flew over and met up with them at the Hotel. We had a hectic but good 3 days at a very busy Crufts. It was good to see all the other OES groomed to

Cassie held her own and met lots of friends including her Brother. Cassie did not really like Birmingham Airport that much, I am not sure she rated the dog walking in comparison to her normal orange groves. She had to wander along grass verges to the sounds of planes taking off and landing. She managed to cope with the mono-

rail, hotel lift and thousands of people. She is still very nervous after her 'run in' with the Judge at Lisbon—it will take a long time to reassure her.

Cleo, Cassie and I were very brave and went off alone to Elvas and Badajoz, we stopped in a fabulous bungalow and had a goodif very wet-weekend. Luckily I took raincoats and hairdryer. So on the Saturday night I have Cleo sat on the dining room table being dried and styled—she loved it. It is the first time I have taken off alone, many happy memories as I retraced the route we did so often before we moved heremanaged to remember it without a map! I made the amazing discovery that Cloe is one point of her International Champion-so that's our next challenge.

Merlin was retested for his thyroid after 3 months, he was still way below where he should be

so his medication has had to go up again. Overall, since his diagnosis and medication he has been so much better. He is putting back the weight he lost, his coat is better and he is a calmer baby. He has been limping for 10 daysreason, he sliced a pad and a nail. Merlin is amazing, I really do not know why he does everything!

They do so amuse us however. they all have their tricks. Cassie loves to watch the television. She somehow gets herself sat upright on a stool and watches intently Sheep have her transfixed—well she is a sheepdog I suppose. Merlin will bark at them and then go into one of his 'chase my tail' routines so you cannot see the television! Chloe likes to 'rule the roost' which she does quietly BUT should one of them overstep the mark she will tell them in the nicest possible way. They respect her however and behave themselves. I spent 5 hours today bathing and grooming Chloe, she has always had her coat short but, we love Cassie with her longer coat so Chloe's has grown a bit. However, the minute it gets too hot for her we will cut it back.

Merlin & Cleo

Thankyou to all our clients who take the time to talk to Cassie in our shop—this is helping Cassie overcome her nerves and the help you all give is invaluable. Cassie and I will continue to be in the shop on a Monday.

We look forward to seeing you all at the Show, all mine will be with me as I cannot leave them home alone'. Luckily I have cages with silver reflective covers. They feel safe and secure in the cages and I know they will be fine. They are all trained to use them at the dog shows we go to.

Jan Cobley Paws 4 Pets 916 273 376 www.paws4pets.net



So far, so good! This week, apart from a few pieces of clothing being nipped off the washing line and paraded around the garden and one chewed shoe, Milo has been remarkably good. His personality is starting to become much more defined now.

He loves his morning sunshine. It creeps in from the bottom lefthand corner of the garden; Milo squashes up against the wall, snout pointing upwards, eyes closed, shuffling backwards along the wall as the light expands.

His favourite sitting place in the garden is (peculiarly) underneath the barbeque; his favourite sitting place of all is at the top of the garden stairs, from where he can survey his kingdom below

He loves the beach. Despite falling into my fiancée's parents' pool last weekend, he still loves the water. He loves chasing sticks, leaves, and sniffing other dogs, but most of all he loves people. Many people in our village have come to know him by now. The sardine-grillers and waiters at the quay-side restaurants make a fuss of him, shop owners come out to say hello, and fellow dogwalkers stop for a chat and to compare notes.

Then there is the little old woman who lives on the road that runs perpendicular along the bottom of ours, who dresses headto-toe in black and every morning stands in the doorway of her cottage to see Milo on his morning rounds. I keep a particularly strong grip on him for this encounter; she looks so fragile. I'm terrified that if Milo jumps on her he might knock her down or break her. But she laughs and pats him; she always tells him "I haven't got anything for you to eat". Which is just as well as by then Milo will probably have sucked up half of the street's rubbish. Milo is a to-

At the moment we (I) are (am) following a 'two steps, squat' pat-tern on our walks. The Bloodhound in Milo keeps his snout glued to the ground as we are walking. The curious (and if somewhat greedy) puppy in him possesses him to suck up anything and everything that looks tasty or chewable or smells funny. Not a great combination. So it's two steps and then squat - me crouched down, hand in Milo's mouth, drool running up to the elbows, trying to fish out yet another chocolate wrapper, dirty tissue or half-eaten piece of something from somewhere between his teeth and his throat. It's calorieburning to say the least. I get quite embarrassed as people may think we don't feed him. I assure you he eats well. Very well.

Anyway, so far we've manage to extract just about everything

Milo & Me

that has been Hoovered up and apart from that things seem to be coming along nicely. So nicely in fact we are going to leave Milo for four days to go to the UK. As you read this we will be in the UK living it up, Milo-free in South Yorkshire. He will be at home, being looked after by my mother, who from Thursday to Sunday will take over all walking, feeding, cleaning, chasing, throwing and fetching (Milo sometimes gets

a bit distracted between the 'throw' and the 'fetch') duties.

In all fairness, it was actually my mum who taught Milo to sit. We used to drop him off with her every day when he was tiny. So when we get back I expect Milo to be fully trained in house-tidying and fetching drinks from the fridge.

If he's not, we can always ask my mum to stay on for a few more days!

Carrie-Marie Bratley

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²⁶ club news

American Ladies on a Professionals Exchange visit in Portugal



AIRC Club President Soren Hojberg with Team Leader Lynn Zuellig, Rachel Estabrook, Linda Laurenz, Kristen Lences and Deana Doan

Almancil International Rotary Club (AIRC) received a visit from a team of five American ladies on a Professionals Exchange visit. The ladies were sponsored by Rotary Clubs in Michigan, U.S.A. and staved at the homes of three AIRC members. The visit was part of a month long trip organised through Rotary International to various Rotary Clubs in Portugal, including the Rotary Clubs of Loulé and Silves to see how their various professional counterparts operate in Portugal

The group were shown around a number of venues relating to their professional vocations which included the new hospital in Faro, Teatro das Figuras, and the historic Teatro Lethes. They also visited Faro Airport to see how it operates behind the scenes, and Digital Mais TV, where they were interviewed for the news programme and treated to refreshments provided by stu-

dents of the Hotel and catering College in Faro. They were also received at Loulè City Hall by the President of the Camara Municipal of Loulé, Dr. Seruca Emidio, Casa da Misericordia in Loulé. and ASCA in Almancil where AIRC will be sponsoring the furnishing of two rooms in the new residential facility.

The visit here concluded on Friday with a farewell lunch at the Escolinha Do Gosto in Almancil where final year students are trained for employment in the catering business. The ladies then moved on to Evora for the final two weeks of their stay which will be spent visiting other parts of Portugal.

Team Leader, Lynn Zuellig said 'We have been very impressed with Portugal and the tremendous hospitality of the Portuguese people, who have made us feel so welcome. We will take back not only happy memories and new friendships but also many innovative ideas relating to our professions which are new to us.

For further information about AIRC please see: www.rotary almancil.org or tel. 289432286.

The St. Patrick's Society monthly 'Irish Walk'

ciety 'Irish Walk' will be on Sat-urday, May 29th at 10:15am for a prompt 10:30am start. It will be an approx. 21/2 hour walk in Salicos area, between Carvoeiro and Lagoa, meeting at the O Pescador restaurant at Salicos.

There is plenty of parking. Coming from Lagoa Fatacil (at the first set of traffic lights as you come from the east, turn left off the EN125), follow the Salicos signs across a small roundabout

and then after 2km turn right at Salicos sign. O Pescador is 100m on the left. Alternatively, on the main Lagoa-Carvoeiro road, turn left at the lights just after Intermarche, keep left on the Benagil road for 700m., passing O Nuno restaurant to turn left at Salicos sign, staying left on through road, and O Pescador is 1km on right.

For further information call David on 912190377 or Jim on 282 431595.

Walking in the beautiful Algarve

Wed. May 26th - Let's Walk from Albandeira Beach

This circular walk of 2.5 hours will take you along the cliff tops famous for its rock formations and deep into the countryside.

14.00 start meet in the carpark at Albandeira. Drive along the EN125 eastwards through Lagoa and after passing the International School on the left take the first road on right (direction Benagil). Follow the road for about 2km towards Benagil when you will come to a small roundabout with a sign to left for Albandeira. Take this road which is narrow and follow it all the way to the carpark where the road ends!

Sun. May 30th - Let's Walk the River Banks

A perfect 2 hour Sunday afternoon walk along the Arade and Odelouca river banks with a short climb for great views down to the coast and up to the Moun-

14.00 start - meet at the Mira Rio cafe. Drive from the A22 over the bridge into Silves where you turn left. Drive along over the roundabouts, passing the Modelo supermarket then continue for another 4km when you will find the Mira Rio on the left (take care it is on a sharp bend)

All are welcome to come along there is no need to book (there is a charge of €5 per walk which includes a donation to charity). Please wear comfortable shoes bring some water and a sense of humour! If you require more details please call: Julie Statham on



The Algarve Wine Society visits Galicia

Twenty travellers set off for the little known wine producing area of Galicia in the northwestern corner of Spain, staying at their lovely boutique hotel Rua Vilar in Santiago de Compostela.

Santiago is the capital city of the Galician province. Following the discovery of the tomb of the Apostle James in the early 9th century, the location became, and is still one of Christendom's most important pilgrimage destinations. But equally important for the Wine Society was the location near Santiago of some extremely good wineries.

Next day the group visited the magnificent Adega of Pazo de Señorans in the white wine region of the coastal area of Rias Baixas. where the albarino grape dominates. Pazo de Señorans is widely regarded as producing Spain's finest dry white wine. After a tapas lunch in Cambados the smaller Adega Zarate was toured. The following day was reserved for sightseeing in Santiago visiting the beautiful and inspiring cathedral, a museum and the Gallery of Modern Art. In the evening dinner was in Santiago's best restaurant, the Michelin starred Casa Marcelo, where its renowned chef Marcelo Tejedor served up a most memorable meal. The group visited the very old wine producing area of the Ribeira Sacre next day, which was originally cultivated by the Romans. The scenery, with its steep, terraced slopes, was just spectacular. The red and white wines of the Adegas Ponte da Boga and Algueira, mainly using the mencia grape, were discovered. The party returned the following day.

The next event will be a Bairrada evening, in the Bairrada restaurant near Tavira on Friday,

May 28. Membership of The Algarve Wine Society is at its upper limit, and there is a waiting list, but if you would like some information please contact the Society's Secretary, Larry Hampton by e-mail: hampton@mail.telepac.pt

IVERSITY OF MARY HARDIN-BAYLOR

Concert of a cappella music

Convento de São José, Lagoa

Friday, May 21st at 8pm

Historical re-enactments in Iberia now in English

ONRE is the English-language sister of the Órdem da Cavalaria do Sagrado Portugal, and is designed to introduce non-Portuguese and Spanish history fans to the OCSP and our re-enacting activities in Portugal and Spain. We want to welcome everyone who enjoys recreating history, both participants and spectators, and those who want to broaden their cultural horizons, make new friends and escape from the routine of daily life.

Interested people can come to our events, get to know us and, hopefully, join in our important work. Our activities are multi-period, in that we reenact historical events from Bronze Age Iberia,

through Roman and Medieval times, to the Napoleonic invasions, and even into the 20th cen-

tury.

We invite you to learn about us by browsing our web page (www.onreenactment.org), by visiting us at our headquarters in Vendas Novas, or by coming to our activities throughout Portugal. We have lots of energy and enthusiasm to share about reenactment in the Iberian Peninsula. If you feel as we do, come and participate in our activities, and spread the word that history is alive and well in Portugal! We can be contacted by e-mail at: info@onreenactment.org and by phone at +351 96 303 73 37.

WRVS Car Boot Sale

On Saturday, June 5th the WRVS are holding their Car Boot Sale at Carcavelos Clothes Mar-ket from 10.00h to 14.00h. Cost: €12 per car (Payable on the day) 100% of your pitch price goes to charity! Browse for treasures such as toys, books, baby items, clothing, household goods, furniture and much more including WRVS hot and cold drinks. snacks sandwiches and delicious home made cakes!

To reserve a place to sell from your car e-mail Simon at: sdjwebb@yahoo.com or phone 919760644, or Kim at: kimwulff59@hotmail.com or phone 962836283 and leave a message with your name, telephone no or e-mail address. If you would like to donate items

e-mail Ineke wrvsportugal@gmail.com

Bowls Algarve - Summer League

Larks, Doves and Kestrels

Week two saw five competitive matches at Alvor under warm sunshine. ABC Cats came up against the unbeaten Alvor Kestrels and found them in good form, Kestrels winning 46-18, taking nine points to one. Alvor Eagles meanwhile earned their first win of the competition, beating Amendoeira by 36-24 and by eight points to two. Alvor Larks remain the only 100% team, defeating PDF Pirates 47-29 and scoring their second maximum ten points. Tavira also opened their account with a close fought victory over Valverde by 36-34 and six points to four. Finally, Pedras Stones went down to the Alvor Doves by 40-25 and

six points to four.

After two matches, Larks are out in front on 20 points, closely followed by the Kestrels with 17. Valverde and Pedras each have 12, whilst Amendoeira and Eagles are in close attendance with 10 apiece. Then come Tavira on 8 points, Doves on 6 and Cats have 3 points in ninth. PDF Pirates are currently tenth on 2 points. Next Thursday, all teams head for Pedras for round three

Alan Clarke - League Director



Bike rides

Sunday, 29th May: Bike

in the market car park by the newer bridge. Meet at 09.45am for a 10.00am start. A mostly flat and gentle ride of around 35km on a mixture of dirt tracks and tarmac roads.

Wednesday, 26th May: Bike Ride - Starting at Chillimans on the Almancil to Quarteira road. Meet at 6.20 pm for a 6.30pm start. This will be a moderately challenging ride on a mixture of

dirt track roads and tarmac.

For more information call Paul Beesley on 913226954 or e.mail: paul.beesley@sapo.pt or visit 'Algarve Bike Rides' on Facebook.



Saturday, 22nd May: Bike Ride - Starting at Osbornes in Alfontes. Meet at 09.45 for a ten o'clock start A ride of around 35 km on challenging and hilly terrain. This ride has everything, tarmac, dirt tracks, single track

Ride - Starting in Tavira, parking

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Int. Christian Fellowship is on the move



Sunday School Children at the International Christian Fellowship in Portimão

The International Christian Fellowship has been holding regular morning services with Sunday school in English for almost

April in Portimão. A few years ago it received a generous donation and bought two shops in the Cedi Praia shopping complex just around the corner from our current premises and called them 'The Bridge.' These have been but will now, after some remodelling, be accommodating the church itself, with a separate room for Sunday school.
The interdenominational

11am service will move into the 'Bridge' on Sunday June 6th and all are welcome to join with us on this joyful occasion. Why not stay for coffee and meet our Pastor, David Borgan his wife Joy and the church family.

The ICF will also continue to welcome mums, dads and grandparents on Wednesday mornings from 10am to our 'Parent and Toddler Group' and the Ladies Bible Study at 2pm in the afternoon. There is a further Bible Study 11am on Friday mornings.

Don't be alone, you will always find a warm and unconditional welcome at ICF and help and support if you need it. For directions and further information on all ICF activities tel. 282461985

Sponsored swim at **Boavista Golf Resort**

On May 23rd a sponsored swim will take place at the Boavista Golf Resort's Essential Fitness and Spa health club, Lagos, to raise money and awareness for the Madrugada charity.

Madrugada is the name chosen for a pioneering multi-cultural project designed to help people and their families in the Algarve to change how they live and cope with serious illness, by strengthening their general health and emotional well-being.

The management of Boavista Golf Resort have kindly offered the use of their indoor pool at the Essential Fitness and Spa for a sponsored swim to raise money

and awareness for the charity.

Yvonne Fisher, the promoter of the event, says the days will be a "fun-filled occasion, with children's entertainment pro-vided by My Dynamic and live music by The Pink Cadillacs"

More swimmers of all ages and abilities, sponsors and volunteers are still needed to ensure a successful event.

Anyone interested can sign up on the day, which starts at 8am and finishes at 6pm.

Enrol by calling Yvonne on: 917 953 914, e-mailing: cynshep@gmail.com, or calling the Boavista Health Club reception on: 282 790 930.

LPN nature walks

LPN (League for Nature Preservation) walks take place on the first Saturday of each month, except in January and August. The meeting place is nearly always the square in front of Portimão Railway Station. There are a variety of meeting times.

As always, everyone is welcome to join their walks, whether members of the LPN or not. In an attempt to make the LPN Algarve self-sufficient they ask members to make a contribution of €1 and non-members €5 for each walk. But do urge everyone who joins them on their walks to support the LPN in the most effective manner possible by becoming members of the Leauge.

Booking is now essential and must be made before 12.00 of the Thursday before each walk either by phone (using the contact number for the walk) or e-mail: lpn_Algarve@yahoo.com. Registration should indicate your name, date of birth and identity card or passport number to comply with insurance requirements. Failure to book means that you will not be covered by insurance and participation in the walk may

Their walks are not particu-

Algarve's Arabesque

larly tiring or difficult (except where specified) but they can be lengthy so they recommend that you come equipped with a small picnic, a hat and footwear suitable for hiking where the terrain is sometimes difficult or hazard-

The LPN remind members that subscriptions for 2010 are now due and should be paid as soon as possible. Individual member€25; junior members up to 18 years € 15. Subscriptions can be paid by cheque or postal

5th June - Walk in Lagoão (São Marcos da Serra) A circular walk with the

Odelouca river as background The hillside scenery with its oak and almond trees, cistus and many other aromatic plants is interspersed with areas of natural riverine vegetation of ash, tamarisk and willow trees. Frogs and other amphibians, golden orioles, azure-winged magpies, kingfishers and many other birds can be seen along the route

Led by Filipe Bally, contact: 969 158930. Meet at: 08.15 Portimão Railway Station or 09.30 SãoMarcos da Serra, near the Fire Brigade.

St. Paul's & St. George's Church service times altered

On Saturday, 15th May, at a Church Council meeting of the Anglican Chaplaincy of Lisbon in St. Paul's Church in Estoril, it was decided to change the times of the services in both churches of the Chaplaincy. From June 2010 the Sunday Eucharist at St Paul's Church in Estoril will be at 10am, which is half an hour later than at present, while at St George's Church in Lisbon the service moves forward 15mins. to 11.45am each Sunday. The changes have been made in an attempt to accommodate churchgoers at St Paul's without causing inconvenience to those attending the later Lisbon service. Parents with young children had

mentioned the difficulty of getting their children ready for the early service in view of the fact that Sunday is often the only morning that families with younger children can spend time together. Given that St Paul's Church has an active and grow-ing Sunday School which takes place in the common room above the church during the service, Council members felt that it was important to do everything possible to encourage and support younger members of the congre-

For more details about this change you can visit the Chaplaincy website www.lisbonanglicans.org

Bicentenary of the Battle of Buçaco

The Peninsular War:

This year sees the 200th anniversary of the Battle of Bucaco (27th September). The Viscount Wellington and his Anglo-Portuguese army made a stand against the invading French at the ridge in the forest of Buçaco, and having fought the badly led French to a standstill, Wellington perplexed his followers by retiring further and further towards Lis-

Peter Kingdon Booker, plans to celebrate this anniversary with a talk and visit to the site of the battle, and to the Museum, which was founded one hundred years ago. The trip will be for 2 nights and will include a performance by Portugal's top chamber group,

The Lacerda Quartet. The Lacerda last year completed its 'Haydnathon' in celebration of the bicentenary of Haydn's death, during which Lacerda and members of the Moscow Piano Quartet presented all 70 of Haydn's string quartets. Lacerda's leader, Alexander Stewart, plans to include in the Buçaco programme Beethoven's Quartet for Strings, no 11 in F minor Opus 95 'Serioso', a Haydn quartet and to celebrate the crucial contribution of Portuguese troops at Buçaco, a Portuguese piece by the eponymous Francisco de Lacerda. For more information lynne.booker@iol.pt

St. Vincent's Spring Fayre

Who would believe that a

pecially thank Kaleidosonix for providing the music - I saw people having a little dance on the quiet! We do have a few raffle prizes unclaimed so if you missed the draw please contact Marlene on 969078620

church fayre in Espiche could be affected by volcanic ash from Iceland but sadly some support-ers were unable to get to the Algarve, flight cancelled due to volcanic ash. But despite this, the annual Spring Fayre was a success, mainly due to the hard work lots of people put in be-forehand and on the day, too many to mention by name but 'thank you'. I would like to es-

Our Christmas Fayre will be on Saturday, November 27th - any traders interested please contact Marlene-we are taking bookings now to reserve limited indoor

Short Stories set in the Algarve 2007

Montanha Books announces with pleasure their second publication, Beyond the Sea, by Lisa Selvidge.

Most people remember the summer of 2007 in the Algarve as the time when a little girl went missing. A new book of interlinking short stories written by Lisa Selvidge provides an intriguing portrait of what was going on behind the scenes, charting the lives of locals, tourists and ex-pats alike, with insight, sensitivity and humour. Lisa, a resident of the Algarve for 6 years and a graduate in Portuguese and Russian, has been inspired by the different inhabitants of the Algarve, both those who choose to make it their home and those who were born there, as well as the effects of one of the biggest media coverages the Algarve has ever

The characters are richly drawn, and memorable: an English couple in search of an easier life in the sun, a German hippie with a singing dog, a UK property developer, a Portuguese waiter, a showgirl at the casino, a drug dealer, an old widow in the mountains and a fisherman's son all inhabit these interlinking stories to weave this rich tapestry of life

behind the scenes

Lisa Selvidge has an MA in creative writing from the University of East Anglia and taught creative writing for 9 years both in the UK and in the Algarve. She is the author of The Trials of Tricia Blake, The Last Dance over the Berlin Wall and a Writing Fiction Workbook. She is also the editor of Montanha Book's first collection of writings about the Algarve, Summer Times.

Beyond the Sea is published by Montanha Books on May 28th, 2010 and will be available from online bookshops and www.lisaselvidge.com for £8.95. Itisalso availableas a download for £3.00 from http://dx. £3.00 from http://stores.lulu.com/ lisa9 and throughout shops in the Algarve including The Griffin Bookshop, Almancil, The Owl Story Bookshop, Lagos, The Magna Carta, Alvor and Lura dos Livros, Tavira.

There will be a book launch at the Galeria Porca Preta, Monchique on June 10 at 6.30 pm, 2010 including refreshments and live music, and at The Griffin Bookshop, Almancil on June 24 at 6.00 pm.

For interviews with Lisa, review copies, please contact: info@montanhabooks.com

Conceived by designers at Galeria Corte-Real and handmade at the Algarve's most renowned pottery, Arabesque is a new range of contemporary ceramics using the traditional Majolica method of 'on-glaze paint-

ing.'
Executed by artists working at an independent 'olaria' in Porches, items are potential an-tiques of the future being made as signed limited editions and to special order. Historically handmade ceramics began to be collectable during the second half of the 20th century and are now considered to be a major art form. In Britain pottery pieces made in places such as Hornsea, Burslem, Poole and Denby are highly regarded. In the Algarve Porches Pottery is the most famous, producing several established designs based on patterns originat-ing during the Phoenician, Celtic

and Moorish eras. The simplicity of the new Arabesque range is less fussy and in keeping with modern trends, capturing the essence of a typical Algarvean country kitchen.

These fine quality ceramics can now be seen and purchased at Galeria Corte-Real in Paderne (signposted from Boliqueime, Ferreiras and Paderne) – open Thursdays to Sundays from 11am until 5pm-and at Porches Pottery on the EN 125 - open weekdays from 9am until 6pm and Saturdays from 10am to

The exhibition of 'Perfectly Small Paintings at Perfectly Small Prices' continues at Corte-Real until June 18th followed by the 'Algarve Affordable Art Fair from June 19th onwards.

Tel: Corte-Real 918 980 199 or 912 737 762 and Porches Pottery 282 352 858.



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Computer Chronicles 29

Where do you want to install Windows?

Disk O Unallocated Soace

Cleaning out your PC



There comes a time when virtually every computer user wishes to delete everything from their PC because it has become a mess.

30.0 GB

Deleting everything from your PC is an irreversible process. Therefore, it is always wise that you back up important data such as browser settings, favorites and other settings as well as important files (audio, video, photos and documents) before starting the delete process

If you use dial-up internet, be sure you know your ISP's dial-up number, username and the password. Similarly, look for all the content on your disk that you do not want to loose and back it up.

You can use Outlook Express's Import/Export feature to download email messages and contacts onto a separate backup disk.

Microsoft Outlook Express. the default email client for Windows versions prior to Vista, is designed to make it easier to manage your email accounts. In particular, it is easy to backup and restore Outlook Express email messages and other data in the event that it is accidentally erased. These email backup files can later be restored entirely or selectively.

How to Backup and Re-

store Outlook Express Data

- 1. Launch Microsoft Outlook Express. Click the Tools button located at the top of the window. Select **Options** from the Tools menu that
- Click on the Maintenance tab from the Options menu. Select the **Store Folder**. Next, you'll select the folder location and then use the [Ctrl + C] keys to copy the folder's pathname.
- Click on the Cancel button twice to close out of the dialog box.
- Click on the Start button in the bottom left-hand corner of your screen. Click Run in the Start menu that opens.
- Click in the text field and then hit the [Ctrl+V] keys on your keyboard. This will paste the previously copied folder location.
- 6. Click **OK**, which will display the contents of the folder location. At the top of the screen, click on the Edit button, and then click Select All. Next, click on Edit again and then select Copy. Now close the window.
- Create a folder on your backup hard drive, in a location of your choice, which will contain you're mail backup. Dou-



Kurt Pardon • LT Director BlueChipIT part of the Portugal News Group info@bluechip-it.com

click on the Edit button. Click Paste. This will copy all of your Outlook Express messages to the new backup folder. You are done!

How to Restore Outlook Express Data

- Open Outlook Express. Click on File and then select Import from the dropdown menu.
- Select Messages which opens the Select Program window.
 3. Check the radio button
- that is labeled Import mail from an OE6 store directory and then click OK.
- Select Browse and then locate the back-up folder that you created. Click **OK** and then click Next.
- 5. Click on All Folders and then click Next to begin the process of restoring the backed up data. Once this procedure has completed successfully you are done!

Removing Everything <u>in-</u> <u>luding</u> Windows cluding

Has Windows become very slow and unresponsive causing you lots of headaches? Don't worry, it happens. The best option might be to delete everything from your PC and reinstall the operating system from scratch.

If you wish to delete everything from a non-system partition, you can format it, or you can manually delete every folder. To format a non-system partition, open My Computer, right-click the partition you want to format (i.e. Partition D: or E: or other) and select Format. In the new window that opens, press Start to format the partition. To delete every folder manually, select each of them and press the Delete button. If you have decided to get rid of everything from your Windows partition (The system partition), you must format it. To do this, complete the following steps:

Windows Vista and Windows 7

Get a Windows Vista/Windows 7 setup DVD and boot up your system with it. The Windows setup will walk you through many options until you get to the screen where you are asked to choose which partition to put Vista/Windows 7 on. To format the drive, just click the button at the bottom right that says Drive Options (Advanced) and select Format.

Windows XP

To format Windows XP, boot your computer with the Windows XP setup CD and after some time, a blue screen will appear. There will be a box showing all available drives and the partitions that exist on them. Use Up and Down keys to highlight C: partition and then press D to delete the partition. When the next screen appears, press L to complete the deletion procedure. You will be taken back to the main blue screen and in place of C:, an Unpartitioned Space value will be shown. Again, using the

lect this and then press C to create a new partition. In the next screen, you will be able to enter a partition size. You will then be taken back to the main screen and this time a "C: Partition1 [New (Raw)]value' will be shown instead. Highlight this and press Enter. The next screen will let you choose the file system, highlight your choice and press Enter to start the process of formatting your

How to Delete Everything except Windows

If you want to remove everything on your PC except Windows and have plenty of spare time to do this job, the Windows Add/Remove Programs feature is the best option. Add/Remove Programs allows you to uninstall every program on your computer one by one. This will be time consuming, but will allow you to leave Windows intact.

To remove individual programs from the Add/Remove Program feature:

- Go to Windows Control Panel
- Double-click Add/Remove Programs. A list of all in-

Select the program you wish to remove and then press the Remove button. Windows will start uninstalling the selected program.

Befresh

Repeat step three for each program until nothing is left in the list

Using Windows Add/Remove Programs to remove software from your computer takes a lot of time but it is the safest way to remove programs while keeping Windows and its settings, as well as all Windows device drivers in place.

30.0 GB

The 39GB disk has unaffecated

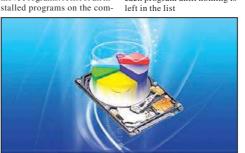
Windows Add/Remove Programs can remove almost every installed program on your computer, but there still could be some programs sitting on your computer that are not shown in the Add/Remove Programs List. These programs must be removed manu-

There is no special method for manual removal of programs. It requires you to explore each partition of your hard disk drive and manually

delete every folder except for Windows, Documents and Settings (Users Folder in Vista and Windows 7) and Program Files.

Next

Individuals wanting a quicker solution can use Windows System Restore. Although this method will not remove anything from your PC, it will restore your computer to a past date when there where fewer programs on your computer. To use System Restore, go to the Start menu -> All Programs -> Accessories -> System Tools and select System Restore. When the System Restore window opens, choose Restore My Computer to an Earlier Time and click Next. Follow the onscreen instructions to complete the restore process.





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CALDAS DA RAINHA

Museu José Malhoa sculptures, drawings, watercolours and ceramics on temporary and permanent exhibitions - Parque D. Carlos I - T. 262 831 984

Municipal Museum - Since (1985) the construction of António Duarte Atelier and Museum, the Local Council of Caldas da Rainha has been constructing one of the most important nucleus of Portuguese Sculp ture of the 20th century. The exhibit, conservation, study and divulgation of the collections is divided in the three museums - T. 262 840 280

Museu Municipal de Arte Moderna Abel Manta - The collection includes works by Carlos Botelho, Júlio Resende, Menez, PaulaRego, Vespeiro, António Dacosta and many others - Open: Tuesday to Sunday from 10h00 to 12h30 and from 14h00 to 17h00 - Free entrance - Rua Direita, 45, Gouveia T. 238 493 648

Casa da Música - Guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 - Tickets can be bought until 10 minutes before visit - Price: €2; Free for children under 12 - T. 220 120 214 - Avenida da Boavista, 604-610 - www.casada

PORTO

Serralves Foundation - Visits to the exhibitions - Sat: 17h-20h; Sun: 12h-13h - to the architectonic spaces (museum & casa de serralves) Sun: 15h-16h - Visits to the park; Sun: 11h-12h - Visits are free on the purchase of an entrance ticket to the museum - Location: Rua D. João de Castro, 210 T. 226 156 584 -www.serralves.pt

Until May 26

CALDAS DA RAINHA

Spring Gifts! Ceramic Workshops Museu de Cerâmica (1st session) Centro de Artes (2nd ses sion) - Tue & Wed: 10h00 - 12h00 /

14h30 - 16h30 - Contacts: 262 840 540 (Rita Elias Sáez) - Centro Rua Dr. Ilídio Amado - T. 262 840 540 F. 262 840 549 - centro.artes@cm caldas-rainha.pt

May

GUIMARÃES

Concert by Leo Cavalcanti Café Concerto of Centro Cultural Vila Flor - T. 253 424 700

Exhibition '2013' by Diogo Evangelista - Galeria 111 - Rua D. Manuel II, 246 - Open Monday to Friday from 10h00 to 12h30 and from 15h00 to 19h30 (Closed Monday and Saturday mornings; Closed Sundays and public holidays) -T. 226 093 279 info@111.pt - www.111.pt

Drawings, Sketches and Illustrations by Luis Buchinho at Galeria Dama Aflita - Dama Aflita Art Gallery - Rua da Picaria. nº 84 in Porto - Open from Monday to Friday from 15h00 to 19h00 - T. 927 203 858 www.damaaflita.com www.luisbuchinho.pt

Slimmy presents his new album 'Be Someone Else' - Café Con-certo of Centro Cultural Vila Flor - T.

Minigolf at Urban Park 'Rio Diz' (next to the children's playground) - 9 courses for all who want to try this game

Until June 13

Exhibition by Lourdes Castro and Manuel Zimbro: À Luz da Sombra' (Shadow Light) -Serralves Museum - Rua D. João de Castro, 210 - T. 226 156 584

Until June 27

Exhibition by Fernando Brito Palácio Vila Flor- Price: €1 (€0.50 w/ discount) - Av. D. Afonso Henriques, 701 - T. 253 424 700 - www.ccvf.pt

CENTRE

CASCAIS

Cascais Cultural Centre certs, shows, exhibitions, & other events. - shops, coffee shop & terrace - Open: 10h00-18h00 (Closed Mon) - Av. Rei Humberto II de Itália -

Casino Estoril - Praça José Teodoro dos Santos - T. 214 667 700 -Info.estoril@estoril-sol.com

Mercado da Ribeira - On the riverfront, this popular market is the Coolest Place in Town - Crafts, events, gastronomy • Av. 24 de Julho

National Coach Museum - Set in a 17th century riding school, with a varied collection of royal coaches. uniforms and portraits of the royal family -Open from 10h00 to 17h30 (Closed Mondays) and public holi-days) - Praça Afonso de Albuquerque - T. 213610850

Oceanarium - Spectacular design by Peter Chermayeff, it is one of Eu-rope's biggest oceanarium - Park of Nations - 10h00 to 18h00 - T. 218 917 002

Influxcontemporary - A museum dedicated to African Contemporary Art - Open from Wednesday to Satur day from 14h00 to 19h00 - Rua Fernando Vaz, 20B - T. 918 501 234 iwww.influxcontemporary.com

Until May 30

Bounce 'Streetdance Company Classic hip-hop version - Oceanos Auditorium of Casino Lisboa

Rock in Rio - Performing are artists like Shakira, Elton John, Muse, Miley Cyrus, Amy MacDonald, D'ZRT among others - Parque Bela Vista - Tickets: See bottom of page or www.rockinriolisboa.sapo.pt

Concert by Gulbenkian Orchestra - Grand Auditorium - Calouste Gulbenkian Foundation - Ave. Berna 45A - T. 217 823 000 www.gulbenkian.pt

Until May 29

Exhibition by Diogo Evangelista - Galeria 111 in Lisbon, situated on Campo Grande, nº 113 - T. 217 819 907

www.111.pt

Black Eyed Peas Concert

Cheryl Cole opens the concert -Estádio Nacional - Tickets: See bottom of page

Concert by Ricardo Parreira and Fernando Álvim - Centro Cultural de Belém - T. 707 303 000 - www.ccb.pt

Until June 12

Paintings by Isabelle Faria -Galeria 111 - Rua Dr. João Soares, 5B 217 819 907 - www.111.pt

Until June 13

Exhibition by Catarina Dias and Gabriela Albergaria - Museu da Cidade - Campo Grande, 245 - 217 513

Until June 21

Exhibition by Pierre Coulibeuf 'In side the labyrinth' - Museu Colecção Berardo, Arte Moderna e Contemporânea - Praça do Império -213 612 878

Until June 27

Paiting Exhibition by Duarte Geraldes - Teatro Municipal de Almada - Av. Prof. Egas Moniz - T. 212

www.theportugalnews.com

Charity Shop in Amádena

Charity Shop in what was old super-market on the square past 'Brody and 'O Poco' restaurants - LAPS Lagos Animal Protection Society - T.

Every Wed & Thu

Exhibition of artwork by Hilary Cunningham -Vivenda Rosa idmeira - Ts. 282 332 190 & 917 169 053

Until May 22

Exhibition 'Chamas de Inspiração' (Flames of Inspiration) by Kasia Wrona at Centro Cultural de Lagos -Rua Lançarote de Freitas, nº 7 - T. 282

May 22

William Shakespeare's 'Troilo & Créssida' by Joaq Benite and Christian Ratz at the Mu-nicipal Auditorium in Lagoa - 12 years old and over - Tickets: €6 - 21h30 - T

Summer Fair at the Mercado da Ribeira, from 10am until 1pm - Organised by the Tayira Fund Raisers in aid the Canil São Francisco, Loulé Stalls will include home made cakes. pastries, jams, chutneys, hand made cards, herbs and spices, second hand books, cloths, bric-a-brac, iewellery and paintings. Donations of good quality clothes and bric-a-brac wanted - Contact Pat on T 281 323

Concert by Orquestra do Algarve at the Matrix Church at 21h30 - Conductor: Osvalfdo Ferreira; Soloist: Todd Sheldrick (Horn)

'Blackbird' by David Harrower at Teatro das Figuras at 21h30 - T. 289888

Live Music 'The Gypsy Swing Experimental Project' - 22h30 - Galeria Chá d'Arte - Largo D. Pedro I, nº 5-6 -T 962 544 650

Until May 23

Exhibition by Paula Rego 'The Manuel de Brito Collection' – Fórum Eugénio d'Almeida - T. 266 748 300

Painting Exhibition by João Espada - Art Gallery Praça do Mar May 24

LOUIÉ

Piano Concert 'Variations on the classic period' with João Aboim (piano) and comments by António Ferreira - 'Salão Nobre' of the City Hall - T. 289 400 600

May 25

Piano Recital - António Pinheiro Cinema-Theatre - 18h00 - Rua Dom Marcelino Franco nº 22 - T 281 322

For more events, see our Club and Community Pages - pp26-27 and our Classifieds - pp 58-62

May 26 & 27

SÃO RRÁS DE AL PORTEL Promenade Concert with André Sardet and Orquestra do Algarve -10h30 - Municipal Pavilion Dr. José de Sousa Pires - T. 289 840 200

May 26 & 29

Concert by Katya Anekisheva (niano) and Jack Liebeck (violin) at Centro Cultural São Lourenço - T. 289 395 475 - www.centrocultural saolourenco.com

Until May 27

LOUIÉ

Exhibition by Jessica Dunn - Chá d'Arte - D. Pedro I Square, nº 5-6, Ground Floor - T. 933 547 291

May 27

PORTIMÃO

Concert 'Gente Singular' (Original Composition) by Bernardo Sassetti with the Sinfonietta de Lisboa - As part of the programme of the 150th anniversary of the birth of Manuel Teixeira Gomes - Main Auditorium of the Municipal Theatre - 21h30 - Tickets: €15 - Ts. 282 402 475 / 961 579 917 May 29

Concert by Nuno Guerreiro at the Municipal Auditorium at 21h30 - T. 289 710 170

May 29 to June 18

Exhibition 'City and Rural Worlds' -Tavira Municipal Museum / Galeria Palace - T. 281 320 540

May 30

Walk in Ria Formosa for a Healthy Heart - Departure at 10h00 at Cais das Portas do Mar - T. 289 889 760

German Cabaret Show by Bruno Jonas - Municipal Auditorium - 21h30 - T. 282 380 452

March/Run through the Algarve -Departure at 9h30 Rainha D. Leonor Square (8h00 departure from the Bus Terminal)

Sacred Music Concert by the Amigos do Museu Choir and Grupo Consort Al-Garb - Matrix Church -19h00

Until May 31

SÃO BRÁS DE ALPORTEI

SÃO RRÁS DE AI PORTEI

Exhibition 'Between Mountains and Fountains' by Manuel de Sousa Teodoro - Municipal Art Gallery of S. Brás de Alportel - Avenida da Liberdade (next to São Brás Cine Theatre - 10h-13h / 16h-19h - Ts. 289 841 959 / 289 840 000

Until June 9

Exhibition by São Nunes 'In Memoriam' at the Galeria Santo António - Times: Tue: 12h-19h, Wed-Fri & Sun: 12h-16h - Ts. 282 913 130 / 925 004 051 - www.artealgarve.net

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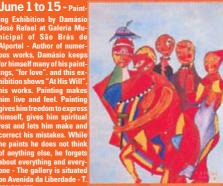
the country, ATM machines, Abreu agencies, El Corte Inglès, Casa Viola Ticketiline or at the event itself on the night. Websites: www.pavilhocatlantico.pt / www.ticketline.pt www.blueticket.pt/Phone numbers: Ticketline 707 234 234 / 707 700 00

PREVIEW

May 21 to August 8 - Paintings and Watercolours Exhibition by Constant Le Breton (1895-1985) - More than sixty works by the French painter can be seen for the first time in Portugal in this monographic exhibition. A retrospective of the great themes of his long career - landscape, portrait, interior scenes, still-life, the sights of Paris - which splits into six distinct sections to the variety of his pictorial production. On the show, you can still see the artistic debt that the overall work of Constant Le Breton reveals in his paintings of the second half of the nineteenth century - work influenced by big names such as Corot, Boudin and Manet - a period which deserved a special attention by Calouste Sarkis Gulbenkian in the formation of his collection - Gallery of Temporary Exhibitions on the main building, first floor - Calouste Gulbenkian Foundation - Av. de Berna, 45-A - 217 823 000

Until July 16 - Lisbon Festivities 10: Street Animation! - Until May 23 on the Rossio Square there will be the Iberic Mask Festival; May 29, June 4 and ation and dancing throughout the city - For June 30 lots of street anir

more information, please find a programme at the Lisbon City Hall.





cinema Guide 31

ALGARVE

SBC **FORUM ALGARVE** TEL: 289 887 212 20 MAY-26 MAY

A Nightmare on Flm Street

Jacki Earle Haley, Kellan Lutz (13 00 Sat & Sun) 15 20-17 30-19 40-21.50 (00.05 Fri & Sat) The Bad Lieutenant

Nicolas Cage, Eva Mendes (13.15 Sat & Sun) 15.50-18.25-21.00 (23.40 Fri & Sat)

Youth in Revolt Michael Cera, Jean Smart (13.10 Sat & Sun) 15.15-17.20-19.25-

21.40 (23.45 Fri & Sat) Robin Hood

Russell Crowe, Cate Blanchett (13.00 Sat & Sun) 15.45-18.35-21.20 (00.25 Fri & Sat) I Love You Phillip Morris Jim Carrey, Ewan McGregor 14.45-17.05-21.45 (00.15 Fri & Sat) Iron Man 2

Robert Downey Jr, Don Cheadle (12.50 Sat & Sun) 15.40-18.40-21.30

Clash of the Titans Sam Worthington, Liam Neeson (10.10-12.30 Sat & Sun) 14.50-17.10-19.30-21.55 (00.25 Fri & Sat)

Date Night Steve Carell, Tina Fey 19.35 (00.10 Fri & Sat) The Bounty Hunter Gerard Butler, Jennifer Aniston

13.55-16.20-18.45-21.10 (23.55 Fri & Sat) Lebanon

Reymond Amsalem, Oshri Cohen 22.00

The Last Song Miley Cyrus, Liam Hemsworth (12.55 Sat & Sun) 15.10-17.25-19.45 Animation PV (10.20 Sat & Sun) How to Train Your Dragon Animation PV

(10.25 Sat & Sun) Cloudy with a Chance of Meatballs Animation PV (10.00 Sat & Sun)

Urmel aus dem Eis Animation PV (10.30-12.40 Sat & Sun)

ALGARVESHOPPING TEL: 707 220 220

Robin Hood

Russell Crowe, Cate Blanchett 12.45-15.35-18.25-21.15 (00.05 Fri & Sat)

Clash of the Titans 3D Sam Worthington, Liam Neeson 13.10-16.10-18.30-21.25 (23.45 Fri &

Urmelaus dem Fis Animation PV 13.20-16.00-18.00 The Blind Side Sandra Bullock, Quinton Aaron

21.00 (23.35 Fri & Sat)

. The Bounty Hunter Gerard Butler, Jennifer Aniston 13.30-16.20-18.50-21.35 (00.00 Fri & Sat)

How to Train Your Dragon 3D Animation PV 13 40-16 30-18 45 The Imaginarium of Doctor Parnassus

Heath Ledger, Johnny Depp 21.10 (23.40 Fri & Sat)

Youth in Revolt Michael Cera, Jean Smart 12.55-15.00-17.05-19.10-21.45 (23.55 Fri & Sat)

A Nightmare on Elm Street Jacki Earle Haley, Kellan Lutz 13.05-15.10-17.15-19.20-21.40 (00.10 Fri & Sat)

Robin Hood Russell Crowe, Cate Blanchett 13.00-15.50-18.40-21.30 (00.20 Fri & Sat)

Iron Man 2 Robert Downey Jr, Don Cheadle 12.50-15.40-18.15-21.20 (23.50 Fri &

CASTELLO LOPES CINEMAS PORTIMÃO TEL: 707 220 220 20 MAY-26 MAY

Russell Crowe, Cate Blanchett 13.00-15.50-18.40-21.30 (00.15 Fri &

Sat) _ The Bounty Hunter Gerard Butler, Jennifer Aniston

13.40-16.10-19.00-21.40 (00.05 Fri & Sat) The Blind Side

Sandra Bullock, Quinton Aaron 13.10-15.40-18.30-21.10 (23.50 Fri & 4 How to Train Your Dragon

Animation PV 13.20-15.20-17.30-19.40 Clash of the Titans Sam Worthington, Liam Neeson 21.50 (00.10 Fri & Sat)

Robert Downey Jr, Don Cheadle 13.30-16.00-18.50-21.20 (00.00 Fri & Sat)

Dear John Channing Tatum, Amanda Seyfried 13.50-16.20-19.10-22.00 (00.20 Fri &

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Castello Lopes **Cinemas**

Tel: 707 220 220 www.castellolopescinemas.com



UCI Cinemas

Tel: 707 23 22 21 www.uciportugal.pt

ZON LUSOMUNDO

Zon Lusomundo **Cinemas**

Tel: 707 24 63 62 www.zonlusomundo.pt

Film Classification

A Nightmare on Elm Street M/16 The Bad Lieutenant - M/12 El Secreto de sus Ojos - M/I2 Robin Hood - M/I2 City Island - M/12 9 (Nine) - M/12 The Bounty Hunter - M/12 Iron Man 2 - M/12

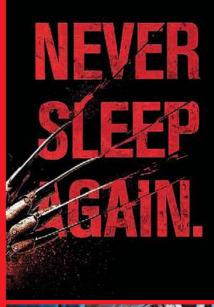
I Love You Phillip Morris - M/12 Clash of the Titans - M/12 Date Night - M/12 How to Train Your Dragon - M/6

Four years and over Six years and over M/I2 - I2 years and over M/I6 - I6 years and over M/18 - 18 years and over



Title: A Nightmare on Elm Street Genre: Fantasy | Horror | Thriller Stars: Jackie Earle Haley, Kyle Gallner, Katie Cassidy, Kellan Lutz, Thomas Dekker, Rooney Mara Synopsis: Freddy Krueger returns in a contemporary re-imagining of the horror classic. A group of suburban teenagers share one common bond: they are all being stalked by Freddy Krueger, a horribly disfigured killer who hunts them in their dreams. As long as they stay awake, they can protect one another... but when they sleep, there is no escape.







Title: The Bad Lieutenant: Port of Call - New Orleans Genre: Crime | Drama Stars: Nicolas Cage, Eva Mendes, Val Kilmer Xzibit

Synopsis: A rogue detective is as devoted to his job as he is at scoring drugs. In the aftermath of Hurricane Katrina he becomes a high-functioning addict who is a deeply intuitive, fearless detective reigning over the beautiful ruins of New Orleans with authority and abandon. Complicating his tumultuous life is the prostitute he loves. Together they descend into their own world marked by desire, compulsion and conscience.



Title: El Secreto de sus Ojos Genre: Crime | Drama | Mystery | Romance | Thriller Stars: Ricardo Darín, Soledad Villamil, Pablo Rago Synopsis: Winner of the 2010 Oscar for Best Foreign Film.

Recently retired criminal court investigator Benjamín Espósito, decides to write a novel based on a 25-year-old



unresolved rape and murder case. which still haunts him, and he sets out to identify the murderer.



FRIDAY 28/05/10

FHURSDAY 27/05/10

WEDNESDAY 26/05/10

FUESDAY 25/05/10

Weather.
18.30 TIV News and
Weather.
18.00 Emmerdale.
20.00 Who Warts Be a
20.00 The Bill.
22.00 The Bill.
22.00 The Weather.
22.00 Weather.
22.30 London News and
22.30 London News and
22.35 Linkin The Jacket

106.00 Breakfast, 109.15 Don't Get Done, Get Done Strider the Harmers BEC News; Warther, 10.20 State Deering of 12.30 Chieses Flower Show 13.00 BEC News; Show 13.00 BEC News; Show 13.00 BEC News; Show The Cheeses, New The Chees

(2005). 00.25 The Zo

07.35 Even

21.00 Luther.
22.00 BBC News.
22.25 Regional News;
Weather.
22.35 Children's Emergency.
23.05 The Graham Norton

Programme: 19.00 The One Sh. 19.30 EastEnders; Regional Ne 20.00 Holby City. 21.00 Luther. 22.00 BBC News. 22.25 Regional Ne

18.20 ITV Newsener 19.20 Everation of Verather (19.20 Commercials 19.20 Commercials 19.20 Commercials Street 20.20 Concention Street 20.20 Concention Street 20.20 Concention Street 20.20 ITV News at Ten and Verather (20.20 Concention Street 20.20 Concention Street 20.2

06.00 Breakfast. 09.15 Don't Get Done, Get Dom. 10.00 Put Your Money Where Your Mouth Is; BBC

La. 2010 BGF News, Veather: 13.3 Personal Person

SUNDAY 23/05/10

SATURDAY 22/05/10

23.10 ITV News and Weather, Weather. 22.25 Champions League Extra Time. Co.25 The Zone; ITV News Headdines. 02.25 FILM The WIZ1938, 04.40 ITV Nightscreen.

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1800 County Tracks.
1800 The Politics Show.
1800 The Politics Show.
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1203 Murder, She Wrote.
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07.00 CBBC.
10.00 Something for the Weekend.
11.30 Escape to the Country.
12.30 Live/Mondo P.
14.00 Live GGR*FGA.

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To BEC

D Top Gear. O Money. O TOTP2: Wham! Special. 1 SO FILM: The Terminator

(1984).
00.10 FILM: The Final
Countdown (1980).
01.50 BBC News.

stery Revealed. 1: Big Jim McLain 06.00 Sunrise.
07.00 Mikshakel
10.00 Zoo Days.
10.15 Red Bull AirRace.
11.15 The Gadget Show.
12.15 Britain's Greatest
Machines with Chris

16.00 H15M-10 when West 10 Was 40 work 11962]. It was 19.00 H10M-10 was 19.00 H10M-1 (1952). 16.00 FILM: H.

19.05 Five News. 19.10 FILM: The Medallion

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1630 Deal or No Deal.
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1630 The Simpsons.
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2235 Thur A History Or Oranges.
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18.00 London Tonight;
Weather.
18.30 ITV News and
Weather.
19.00 Coronation Street. Show. London Weather. Agatha Christie's 21.00 FILM: Cradle 2 the Grave (2003).
22.05 FILM: The Juror (1996).
01.15 SuperCasino.
04.05 European Seniors Tour 2. 10.00 Shake! 11.10 Zoo Days. 11.25 Renee Fleming: Voice

| 2025 Oliver's Emergene | 2025 Clark Septembly 202 15.00 Diagnosis Murder. 15.45 Flogilit Murder. 16.30 A Question of Genius. 17.15 Escape to the Country. 18.00 Egypha adds. 18.00 Tate Modern is 101 A Jouture Show Special. 20.00 Chelsas Flowe Show 72.00 Later Live - with Jools Holland.
22.30 Newsright Weather.
23.20 I'min a Rock ir. Roll Bardi.
00.20 Tate Modern is 10! A Culture Show'S pecial.
01.20 BECNews. 12.20 Working Lunch.
13.00 Care Browy.
13.00 Face Browy.
13.00 Ready Steady Cook.
14.15 Admind 124.7
15.00 Disquerosis Murder.
15.45 Flog III.
16.20 A Ludession of Genius.
17.15 Escape to the Country.
18.00 Egipte ads. e Story of Science -wer, Proof and 2010. 21.00 The S

Building. 04.25 Ironman Triathlon. 04.55 Ma Bar. 05.10 Win My Wage.

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03.35 How Safe is Your
Beach? Tonight.
04.00 ITV Nights creen.
Channel 4 12.08 Sufference of the State o 23.35 Supersize Kids: Britain's Tallest Teens. 00.35 The Zone; ITV News 1900 Emmerdale.
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12.00 Layel Robon. 06.00 Breakfast. 09.15 Don't Get Done, Get 2.25 FI.».
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C120 TIV Mills streen.
Claime! 4 12.10 Reflectation, reserved on the street of the street o wives.
2200 The Million Pound Drop
Live.
2305 The Big Bang Theory.
2335 My Mane Is Earl.
00.05 My Name Is Earl.
00.05 Mysic on 4:-JD Set Presents. 00:50 Music on 4:4Play: Band 1930 Coronation Street. 20.00 The National Movie Awards 2010. 22.00 ITV News at Ten and Weather. 22.30 London News and 06:00 Mikshakel
09.15 The WhightStuff.
10.45 Trishs doubles
11.45 CSIN-No.
12.45 Faul Morton in China.
13.45 No.
14.15 Morton in China.
14.15 Morton and Away.
14.55 In Family Recipe.
14.55 In Family Recipe. Weather. 22.35 FILM: Eyes Wide Shut Difference.
02.15 FILM: A Walk in the Clouds (1995).
04.00 Life Class: Today's Nude. of Horses. 01.05 Music on 4: Mercury Prize Sessions. 01.20 How to Look Good Naked - with a 08.05 Frasier. 08.30 Will& Grace. 09.00 Will& Grace. 09.25 Supernamy USA. 10.20 Deal or No Deal. 11.05 Wife Swap USA. Home: Flying Visit 15.10 FLM: The Stair Murders (2007). 17.00 Five News: Weat 17.30 Home and Away. 18.00 Home and Away. 18.25 Live from Studio F. 12.05 Brie 6600 Breakfast.

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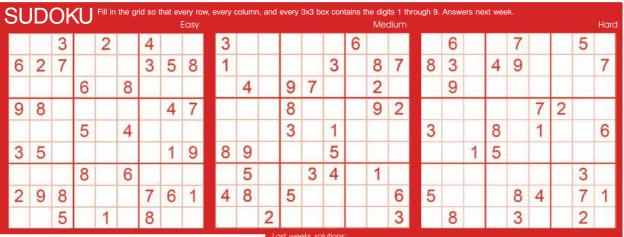
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takeabreak



CODEWORD

Each number in the grid represents a different letter of the alphabet. Decipher the code to fill in the crossword. Three letters are already in place and the check-box and letters either side will help you keep track of progress.

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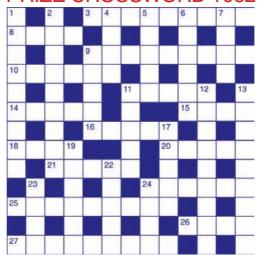
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PRIZE CROSSWORD 1062



Two free entry tickets to the International Algarve Fair will be sent to the sender of the first correct solution to crossword n° 1062 opened next Thursday. Solutions to: The Portugal News Crossword N° 1062, Apt. 13, 8401-901 Lagoa. Be sure to enclose your name, address and phone number

with the chance to win a Royal Caribbean Mediterranean **Cruise for two**

Your tickets will be entered in the Prize Draw whether you attend the Fair

ACROSS

3. Truce (9)

8. Uproar (4) 9. Competitor (9)

10. Habit (6)

11. Concise (5)

14. Cleanse (5)

15 Speed (4)

16. Pulsate (5) 18. Money (4) 20. Assault (5)

21. Nominated (5)

24. Deadly (6)

25. Involved in darkness (9) 26. Debatable (4)

27. Profane (9) DOWN

1. Steep cliff (9) 2. Compel (9)

4. Space (4) 5. Bury (5)

6. Offer (6) 7. Munch (4)

9. Desire (5) 11. Stripped (5)

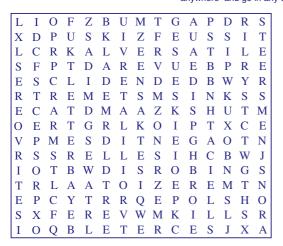
12. Lie (9) 13. Air (9)

17. Wearied (5) 19. Indigenous (6)

22. Anaesthetic (5) 23. Measure (4)

WORDSEARCH

Find the hidden words within the square. The word may start anywhere and go in any direction.



DISROBING, LYRE, MEDAL, AGENT, MERE, ENDED, RITES, SINKS, SECRET, CHISELLER, FOIL, STEERSMEN, SLOPE, ARMS, PROSPECTS, IOTA, REVUE, BEDLAM, NORA, STATE, MIDAS, LETTER, BOX, VERSATILE, DRIER, TISSUE, KILLS, SHUT, SERE

See if you can find 6 differences between



Marriage; 8 Oven hment; 13 Cereal; Base; 3 e; 17 Inconsistent; 20 Unvoiced; 21 Solitude; 23 Less. vn: 1 Buoyancy; 2 compense; 6 Alien;

Precise: 16 Ascend; 18 Naval;

Last week's solution:





A weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 22 May 2010

PROPERTY OF THE WEEK

Rental potential in Moncarapacho



Located on a 10,160 square metre plot of land, this beautiful spacious property is comprised of a three bedroom villa, a studio and a one bedroom apartment. It is three kilometres from Fuseta beach with views to the Formosa River and the sea.

This property is a perfect investment for homeowners interested in earning extra income with rentals.

The main villa has three bedrooms, one of them having the option of being separated for rental purposes as well.

The large living/dining room is kept warm during the colder months with a wood burning stove. The main house also has a kitchen and store room, a study, outside laundry, shower and toilet, a bread oven and satellite TV in two of the bedrooms and in the living room. Both the main rooms are en-suite, with the third having a separate bathroom.

The studio apartment is what you would expect for a rental studio; it has a kitchenette/living room/bedroom, bathroom, airconditioning, satellite TV and DVD, a terrace and is being sold with the furniture included.

with the furniture included.

The one bedroom apartment is similar to the studio but slightly larger and also has satellite TV and a DVD player.

The property also possesses a large garage, a store and a carport, a large pool with shower

and pool house, a summer kitchen, barbeque and sun basking areas, landscaped garden with irrigation and a garden pavilion, complemented by a wooden garden house. Blessed with magnificent views, this property is a fantastic investment opportunity and is being sold for €595,000.

For more information on this property, please contact Elly van Hulst on +351 289 842 992 or visit www.propertyrunner.com.













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Apartment situated in a private condominium with swimming pool, garden and tennis court, composed of 2 bedrooms, 2 bathrooms, lounge with dining area, equipped kitchen storage and terrace. Communal garage. Construction area of approx. 97 sq.m. Ref: A1314

Price: € 240.000



Studio apartment transformed into 1 bedroom apartment, renovated, composed of 1 bathroom, equipped kitchenette (new), lounge with dining area and 2 terraces. Air conditioning and sat. Tv. . Exterior parking area. Communal sw. pool and garden. Construction area approx. 46 sq.m. Ref: A1357 Price: € 85.000



Vilamoura
Villa situated on a plot of approx. 390 sq.m., w/ sea view, composed of 4 bedroom (2 en suite), 4 bathrooms, lounge with fireplace, dining room, equipped kitchen, laundry room, terraces & basement. Garage for 2 cars, salt water sw. pool & garden. Sat. tv, alarm system, central heating, A/c, double glazed windows. Equipped. Constr. area: Approx. 300 sq.m. Ref: V12391 Price: € 650,000 Ref: V12391



Villa composed of 3 bedrooms (1 ensuite), 3 bathrooms, storages, kitchen, suite), 3 patnrooms, storages, ktichen, office, hallway, laundry room, lounge w fireplace, dining room & large terrace. Solar system, cistern & bore hole. Sat. TV & B.B.Q. Carport, 2 garages & garden w/ orange & lemon trees. Plot area approx. 600 sq.m. Constr. area: Approx. 105 sq. m. Ref: V12607 Price: € 415.000

AND & HOUSES ALGARVE YELLOW HOMES

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www.landandhousesalgarve.com w.algarve-property-search.com

Tavira: 281 320 281 /ilamoura: 289 301 294



New 5 bedroom villa w/ large pool & small lake enjoying sea views & privacy on landscaped plot of 15.560 m2. Living area of 307 m2 & basement of 192 m2. High construction and cations. Easy access

Ref: LHV-937 Price: € 1,200,000



Estoi

Unique, modern, split-level villa with pool & guesthouse offering privacy & breathtaking views towards the coast. Covered area: 360 m2, plot: 2140 m2. enjoying Good quality construction

Ref: LHV-1063 Price: € 1.200.000



Santa Catarina

Lovely 4-bedroom quinta (265 m2) with many typical Portuguese features. Swimming pool & beautiful gardens. Plot of 9840 m2. Spacious double-height living area. Easy road access. Good

value for money. Ref: LHV-866 Price: € 590.000 Reduced from € 799.000)



uxurious 4 bedroom villa (430 m2 covered area) with swimming pool on preferred location in Tayira Large living room with adjacent dining area, Italian design kitchen, high quality building materials and finishing. Plot of 1074 m2 enjoying

Ref: LHV-901 Price: € 749.000



Offers invited! Outstanding 3 pedroom villa (177 m2) with pool % garage (41 m2) set on a 2500 m2 plot offering far-reaching views. Tastefully chosen materials, under floor heating, air-conditioning. Worth a

viewing. Ref: LHV-1066 Price: € 465.000



Sociedade de Mediação Imobiliária, Lda.

Edifício "O Galeão", Loja 3, Rua dos Pescadores Tel: 282 356 865 Fax: 282 356 743 leohbraun@hotmail.com www.abode-pt.com



3 bed, 3 bath villa with pool, gardens & terraces. Electric gates, borehole, stone drive. 263m² villa. 6,160m² plot. Close to all amenities, road networks and Porches International school. €480,000.







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Paulo

AMI 2196



VILAMOURA - MILLENNIUM

Investment opportunity. Reduced from 360.000€. Two bedroom apart, surrounded by Golf, 5 min. apart. surrounded by Golf. 5 min. from the marina and beach. Large green areas and pool. Fitted kitchen. A/c. Private parking and storage. Direct access to the garden. Looking for quick sale.

Price: € 279.000



VILAMOURA - PINHAL

Three bedroom villa with 211 sq.m. Inree bedroom villa with 211 sq.m.. Near amenities. 800 sq.m. plot. Furnished and equipped. Large living room with fireplace. 2 suites. A/ c. Recently refurbished. Landscaped garden with pool and a BBQ area. Between the Old Village and the golf.

Price: € 675.000



Excellent opportunity. Two bedroom villa in the outskirts of Loulé. 110 sq.m. 631 in the outskirts of Loule. 110 sq.m. 631 sq.m. plot. Fitted kitchen. Laundry. Borehole. Garage. Lovely garden w/ pool. Annex beside the garage, possi-ble extra bedroom/games room. Pano-ramic country views. Great investment increasing the covered area.

Price: € 260.000



ALBUFEIRA

Old manor house excellently located beside the Marina in Albufeira and the beach. 11.552 sq.m. plot. 1.049 sq.m. of constructed area. Possibility to increase an extra 1.500 sq.m. of constructed area Project being approved to build a boutique hotel/design hotel with only 35 fabulous suites and a Spa.

Price: € 2.900.000



ESTE ALGARVE - SOCIEDADE DE MEDIAÇÃO IMOBILIÁRIA, LDA

E MEDIAÇÃO IMOBILIARIA, ED. E.N. 125, Cevadeiras, Vila Nova de Cacela, 8900 V. Real de Stº António Tel: 281 951 165 Fax: 281 951 438

Centro Comer., Av. 28 de Maio (Marginal) - 8800 Cabanas deTavira Tel: 281 370 277 Fax: 281 370 761

geral@estealgarve.com www.estealgarve.com



Brand new, high quality apartments with private parking space basement, situated in the hear

basement, situated in the heart of Vila Real, close to the Marina, shops, restaurants, train and bus stations and Spanish border: Precos/Prices: studio as from: € 78.000 one bedroom as from: € 120.000 three bedrooms das / as from: € 150.000



Neighbourhood lavira
Charming 3 bedroom cottage built
in 2000 in the rustic style with
plunge pool, various lovely terrace
areas with stunning views of the sea
and country-side, surrounded by
5,900 m2 of land. 2 different solar systems and wind turbine, situated 20 min. from coast, Tavira and golf

EA 083 CTAV - € 285.000



High quality, spacious 3 bedroom, 3 bathroom terraced house, w/ patio & terrace areas w/ sea views & view to the golf-course, A/c, garage in basement, access to communal pool, beautifully furnished, situated in a peaceful urbanization, within walking distance to centre of Conceição, 1 km to Benamor golf-course, 2 kms to Cabanas & 3 kms to Tavira. To be sold

Ref.: EA 031 TCON – € 269.000



Exceptional hedroom bathroom house modernized and enlarged in 2004 to a high and tasteful standard, with spacious terrace, 90 m2 of pretty garden, above-ground swimming pool situated in the centre of Tavira

REF EA 076 HTAV - € 395.000



Charming 3 bedroom, 3 bathroom bugalow style villa, renovated in 2006/07 to a high standard with air con, solar pannels, lovely affective garden of 366.73 m2, spacious roof terrace, situated within a quiet urbanization, 10 walking min. to Cabanas centre, lagoon and beach, 3 kms to Tavira. Ref. EA 071 VCAB - € 299.000



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Do you want to buy or sell a property?

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I speak: Portuguese, English and lorwegian

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Balaia Golf Village - Long term rental

Magnificent 1 bedroom apartment, n the privat condominium Balaia Solf Village in Albufeira. Gardens, swimming pools, tennis courts and a golf course all in the same condominium. A few minutes from the beach. Feel the difference, BOOK YOUR VISIT! 122261080-14

Price: € 900 month



Vale Parra

Excellent town house w/ very good areas in Condominium da Parra, only 1,32 Miles from Galé beach. Ground floor: Entrance hall, kitchen, living room & storage room. 1st floor: 3 bedrooms (1 en suite), 1 bath and 2 balconies. A sunny backyard w/ BBQ & common garden w/ a large swimming nool. den w/ a large swimming pool. Ref.: 122261080-5

Open House! Come and visit us at Quinta da Balaia **Albufeira**

> Saturday the 22nd of May 2010 from 2:00 pm until 6. pm.

Excellent 3 bedroom Villa situated in Quinta da Balaia - Albufeira. This Villa has a wide garden with a big swimming pool, BBQ and parking place for two cars, equipped with Air Conditioning and has a big sunny terrace over-looking the gardens and sea. Very good location, excellent price.



Ref.: 122261080-3 Price: € 445.000

For more information call me: Paulo Caqueiro (+351) 962 191 421 Welcome!



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- Attractive spacious apartment 2nd floor with sea views
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- Balcony with barbecue Air-co, all kitchen equip
- Aptm. 193m², garage

Ref.: 2808

Ref A1349 Price: € 265.000



São Brás de Alportel

- Renovated 2-storey house Country views to coast
- 4 bedrooms 2 bathrooms
- Barbecue & roof terraces
- Garage/stables to restore Villa 130m² plot 84m²

Ref C1295 Price: € 199.000



Santa Bárbara de Nexe

- Beautiful villa & gardens
- Lovely views to coast 3 bedrooms 3 bathrooms
- Heated pool 10m x 5m
- Games area, playground
- Villa 200m² plot 3.210m²

Ref V1072 Price: € 660.000



- Potential to increase
- Basement/extra rooms or separate apartment
- 3 bedrooms 1 bathroom Approval for pool 10x5
- Villa 224m² plot 1.650m²

Ref. V1181 'Quick Sale' € 250.000



- Attractive villa in hills
- Panoramic coast views 3 bedrooms 3 bathrooms
- Terraces & basement Pool 10m x 5m, garden
- Villa 250m² plot 5.600m²

Ref. V1196 Price: € 495.000



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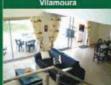
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2 Bedroom apartment totally refurbished, new plumbing, closed terrace, equipped kitchen, BBQ and private parking. The condominium offers a pleasant garden and

€ 143,500



Wonderful 2 bedrom sem detached villa in a secure condominium, with large garden and swimming pool. located in central Vilamoura in quiet accessible location Sold furnished

Ref.: 2979 € 360,000



Beautiful 3 bedrom duplex villa located in prime area of Vilamoura. The Villa has yet to patio. patio, garden, pool and carport for one car. Sold furnished and equipped.

Ref.: 2974 € 425,000



Exclusive luxury large two bed south facing apartment in the five star Golf and Spa Resort Hilton Hotel. Offers all modern furnishings and facilities within the resort, gym, pools, iscounts within the Hotel.

Ref.: 2966 € 475,000

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Back to the wild



The credit crunch may be over, but concerns about our environment remain in full swing, which explains why many of the 33 show gardens at this year's RHS Chelsea Flower Show in the UK are taking wildlife or biodiversity as their theme.

For many gardeners across the globe their 'Nervana' is the Chelsea Flower Show and of course, the Royal Horticultural Society's flagship show will, as always, include the weird and the wonderful. This year, visitors will see a huge floral Chinook 'hovering' in the Great Pavilion and fake grass will be laid for the first time. And the most expensive garden ever created at Chelsea, The Ace of Diamonds garden, costing a cool £20 million and featuring jewels including a £1m peony-shaped ring with pink and green gems, will no doubt attract attention.

But there's also a big wildlife

theme at this year's event, with much more serious undertones. Show gardens include a beefriendly plants courtyard garden, a sustainable highland garden, an RHS biodiversity display and the Bradstone biodiversity garden.

The RHS is marking the 2010 United Nations' International Year of Biodiversity at the show by highlighting that gardens have an important role to play in helping to slow down the global decline of biodiversity, yet are increasingly threatened by development.

Its display will show that gardens are the world's biggest wildlife reserve, highlighting that they have a greater density of bumble bee nests than any other habitat and what we can do to help wildlife in our outside spaces.

Guy Barter, head RHS advisor, explains: "Any garden, whether contemporary or more traditional, is full of living organisms and is remarkably rich compared to other environments, such as some kinds of modern farmland.

"Diversity in garden types and styles, taken with other nearby features, railways, canals or parks for example, provide the range of habitats that make urban





Designed by Andrew Fisher-Tomlin, a drawing of a biodiversity garden to be exhibited at the Chelsea Flower Show.

environments so effective in sustaining biodiversity

Visitors to the display will see different planting combinations and materials to encourage wildlife and get advice on sustaining living organisms. The RHS exhibit is one of 11 in the Continuous Learning section, which will all be highlighting the power of

thor Jekka McVicar and charity Garden Organic.

The biodiversity theme continues in the World Land Trust exhibit Saving the Atlantic Rainforest, a major hotspot and home to 20,000 plants species, 40% of which are endemic

What can we take away from

tiful cottage garden favourites such as roses, nepeta and foxgloves. Stick to the old-fashioned, single varieties that haven't been too hybridised, as bees find it difficult to extract the pollen from most double-flowered types. Plate-like flowers such as asters. Michaelmas daisies and rudbeckia are all great for



Drawing of a biodiversity garden, on show at the 2010 Chelsea Flower Show.



Plot Pledge, a grow-your-own exhibit demonstrating that vegetable gardening can be just as attractive as gardening with ornamentals and has added health benefits. It has been created by herb expert, broadcaster and au-

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GRASS SOLUTIONS

Chelsea with us this year? There are those gardeners who will groan at the thought of leaving untidy nettle beds or log piles to attract butterflies and hedgehogs to an otherwise beautifully ordered plot. But there are things you can do to help biodiversity and keep your open space look-ing its best, even if you have the

most formal of gardens. Many brightly coloured and scented flowers are a magnet to pollinating insects. Think of dipollinating insects.

Install a water feature - it doesn't have to be a huge pond and soon you will have frogs, birds and other creatures visiting it.

Plant mixed hedges such as hawthorn, yew and field maple to attract wildlife, while berried shrubs will be a magnet for birds.

:: The RHS Chelsea Flower Show May 25-29 at Royal Hospital, Chelsea, London, For more information go to their website: www.rhs.org.uk/chelsea.

Hannah Stephenson





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working website specifically for gardeners has been set up by

two green fingered entrepreneurs at: www.growsonyou.com? It is free to join for people to share their gardening experiences with each other - whether they are beginners, experts or somewhere in between. Members receive their own plot where they can write about their garden and display photographs. The user-friendly site is also a useful information resource, with members posting their gardening questions, which in turn are answered by other members.













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from praia Dona Ana, a white sandy beach. Villa Doris is an excellent location for holidaymakers and full time residents

Golfers have a choice of five golf courses within a 15 minute drive. The premier courses of Palmares, Penina, Morgado and Alto courses are all close to Lagos.

The picturesque beach of Dona Ana, is accessible by stairs just down the hill in front of Villa Doris. Along the coast you will find beautiful sandy beaches in secluded coves with beachside restaurants and cafes. Unspoilt beaches on the west coast are ideal for sunbathing, surfing, hiking and fishing.

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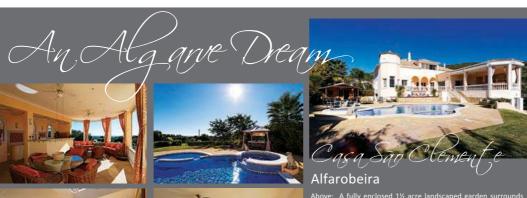
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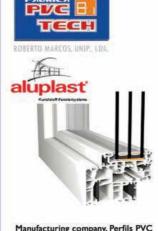
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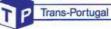
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With an engine tuned to run cleaner and greener and the inclusion of an ignition stop-start system to low rolling resistance tyres, subtle aerodynamic improvements, a gear shift indicator and modified gear ratios, BMW 320d Efficient Dynamics is something of a game-changer.

Such has been the pace of progress in a few short years that we've come a long way from the novelty of cars with low CO2 ratings. Even engine stop-start systems are steadily becoming the norm - we often expect them to be standard now.

No company can take more credit for exposing the motoring public to such things more than BMW. Through the German firm's Efficient Dynamics programme, numerous cars within its range boast class-leading lev-

grown in recent years, the 3 Series remains a cornerstone of the firm's popular line-up. This is most obvious in the compact premium fleet sector, and when you're paying serious sums in tax you want your car to keep most of your hard earned money in your wallet.

At the end of the day it's a numbers game in the fleet sector, and the numbers are stunning. Boasting a CO2 figure better than most superminis - 109g/km - plus and equally impressive com-

cleaner and greener and the inclusion of an ignition stop-start system to low rolling resistance tyres, subtle aerodynamic improvements, a gear shift indica-

tor and modified gear ratios, all these individual features combine to deliver that magic 109g/ km CO2 figure.

On the road this car drives like any other 160-odd horsepower 3 Series. This is good news, as the last thing you want is to have to modify your driving style to achieve the fantastic L/100km figure. Being realistic, it's likely that the car will be driven sensibly by the fleet community, making it a relatively easy job to keep the fleet manager happy and the expense account solvent There's no bone-hard ride and engine and road noise has been kept to a pleasing minimum -pretty much as you'd expect from any 3 Series BMW.

As an example of what can be done to reduce emissions and fuel consumption, this 3 Series is an impressive achievement. That it has been done without any hint of a compromise regarding the driving and ownership experience shows that making savings Model: BMW 3 Series 320d Efficient Dynamics, from

€41,900.00 on the road

Engine: 2.0 litre turbo diesel unit developing 163bhp. Transmission: Six speed manual transmission as

standard, driving the rear wheels Performance: Top speed: 228 kph. 0-100kph: 8.0 seconds.

CO2 emissions: 109 g/km Economy: 4.1 L/100km.

doesn't have to hurt.

And remember, this is a comact executive saloon we're talking about here, not some city car with only enough room for a briefcase in the boot. If you

think this is impressive, just think what's possible with the rest of its range. As it stands, this 3 Series is something of a gamechanger.

Source: PA/TPN



els of CO2 and economy figures. And nowhere more than in the company car sector has such progress been so welcome.

Just when rival manufacturers think they've gotten close to BMW it moves the goalposts again, though. Digging deeper to further reduce emissions and fuel consumption, it's the end user with growing tax bill that ben-

Nowhere is this more obvious than with BMW's new 3 Series model, the 320d Efficient Dynamics variant. It might sound ungainly, but BMW has thrown the high-tech kitchen sink at its key, fleet-friendly model in a bid to get the numbers to new highs -

Although BMW's range has

bined economy figure of 4.1 L/ 100km, only the taxman is likely to be disappointed.
This is no real-world compro-

mise, though. At this car's heart is a 163 horsepower, four-cylinder diesel motor capable of outputting a healthy 380 Nm of torque, helping to send the car on its way to 100kph in a very ungreen eight seconds.

As a showcase for what's possible - and affordable - this particular 3 Series nails it. The kitchen sink approach to the underlying technology works as you'd expect. We're all used to seeing various Efficient Dynamics elements on an increasing number of BMW models, and this 320d has it all.

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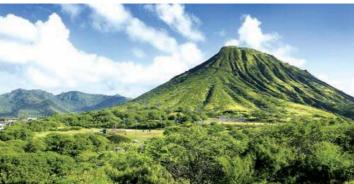
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Princess Cruise to Hawaii







Pictured - top: The Golden Princess; centre: The Diamond Head volcano, Hawaii; and bottom: The Hanauma Bay, Hawaii.



Roger Watkins discovers the beautiful and magical island of Hawaii and revels in the traditional Aloha Spirit.



t was similar to a scene from Moby Dick: 50 pairs of expectant eyes strained against the afternoon sun to scan the ocean for 360 70ft degrees around our $catamaran\hbox{--}its\,engine\,quite\,silent.$ No one spoke and the tension mounted as seconds ticked by. Then: "There he blows, close at three o'clock!"

The cry from the wheelhouse triggered an expectant rush to the port side to witness the telltale spout of water. Without warning, a huge knobble-headed humpback whale broke surface and soared into the air, water streaming from its flanks.

For a moment this magnificent

40-ton beast hung there, glinting in the sunlight, before plunging back into the ocean with a tremendous splash.

On our boat the clicking of cameras was drowned by a cheer that put seabirds to sudden flight. What a thrill - and to think this experience was in the same stretch of water that inspired author Herman Melville to write Moby Dick in 1851.

For we were on a two-hour whale-watching cruise in the bay off Lahaina, the charming capital of the beautiful Hawaiian island of Maui - to where the humpbacks have migrated 3,500 miles from Alaska to mate since long before Melville arrived in the

It was a highlight of our cruise to America's 50th state whose eight main islands, 2,400 miles from their nearest neighbours, are the remotest parcels of land on

There are few places more exotic to see on a 14-day cruise. Hawaii is a beautiful and magical place - combining its traditional Aloha Spirit with the spruce efficiency of America.

Although flights to and from Los Angeles - where the cruise embarks - take 10 to 11 hours depending on headwinds winds, a pre-cruise night in LA adjusts the body clocks. We took a two-hour coach tour

of downtown Los Angeles, Beverly Hills and Hollywood ending in a teatime departure on Golden Princess - one of Princess's 17-strong fleet. Refitted in 2009, this 109,000-

ton ship has 13 decks and an amazing glass-walled room atop the stern with spectacular views from both sides. At night, as a disco, it is a heaving bubble in the

After four days at sea, our first port of call was Hilo, capital of the Big Island of Hawaii and home to two volcanoes. One of them, Mauna Loa, is the highest mountain on earth, measuring 30,000ft from the seabed to its summit. A trip to the 13,796ft peak - above the water - is one of more than 20 tours on this island, ranging from 69 dollars to 279 dollars for a helicopter ride.

Next day we reached what some saw as the Mecca of the whole cruise: the island of Oahu and the state capital, Honolulu with its magnificent Waikiki heach

So many movies have been shot here that it seems familiar. We dutifully photographed the narrow, rock-strewn beach where Burt Lancaster and Deborah Kerr daringly frolicked in the surf in From Here To Eter-

A must on Oahu is the pilgrimage to Pearl Harbor and the sunken USS Arizona - a poignant war grave. As we know from Hawaii Five 0 and Magnum PI, Honolulu is a fascinating city combining age-old Polynesian culture with modern commercialism. Grab some time ashore after dark before the ship sails.

Our next stop, Kauai, also

seemed familiar from films such as South Pacific, Raiders Of The Lost Ark and Jurassic Park, Its fairytale beauty is stunning.

Take a scenic drive to Waimea Canyon - second only to the Grand Canyon. You will be bowled over by its magnificence from a 3,400ft viewpoint.

Try, also, to view the greenfringed corrugated mountain wilderness of the Na Pali coast from the sea: one of the world's mostwonderful natural beauties.

Helicopter tours, from 269 dollars, are hardly cheap but an excellent way to see the sights efficiently.

If whale-watching on Maui is not for you, Princess offers 21 other tours on this beautiful island. Other main islands of



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Molokai and Lanai, though not on our itinerary, are just as rewarding.

Of course, the long 2,500-mile voyage to the Hawaiian Islands might not suit those who like cruising mainly at night.

But there is plenty to do in a packed shipboard programme: deck and pool games, plus lectures and dance classes including the hula. Quizzes, art auctions and the popular Scholarship @Sea programme with topics from Hawaiian culture to creative photography are also on offer.

Even with 2,700 passengers

Even with 2,700 passengers on board, Golden Princess has oodles of space for relaxing in the sun. More exclusive is the Sanctuary where, for a surcharge, you chill out in what looks remarkably like a Bedouin tent.

A popular venue, too, is the Lotus Spa near the wellequipped gym. Treatments range from teeth whitening to something called an ionithermie algaedetox.

The Golden Princess also benefits from cruise ships' latest must-have: Movies under the stars, a key Princess selling point. The giant screen is amazingly popular by day and after dark.

Entertainment below decks is also spectacular with an excellent show company and individual entertainers at various venues throughout the evening. If you just want to relax with a drink, there are 14 bars to choose from.

There is huge variety in dining, too. Some prefer the traditional formal dining, while others eat any time in two restaurants from 5.30pm to 10pm. There is also a 24-hour buffet, and a grill bar/pizzeria from 11am to 11pm.

And for many the bustling casino featuring favourite card and dice games, as well as the ubiquitous slots, was a permanent draw.

Because Golden Princess was the first American ship we had tried, we wondered how it would compare with the quintessential British experience on Cunard, P&O or even Fred Olsen?

However, the Americans and Canadians we met were delightful: polite, softly-spoken and friendly.

Two thirds of the passengers (1,955) were Americans, followed by several hundred Britons and slightly fewer Canadians. Twenty other countries were represented among the passengers, while the crew were a floating United Nations - from 40 countries from Argentina and Borneo to Zambia.

They were, without exception efficient and can-do people, for whom nothing was too much trouble

I met passengers rewarded for their loyalty with a range of ben-



efits through membership of the Princess Captain's Circle. Retired soldier Eric Antonen, from Pembrokeshire, was on his 79th cruise with Princess and P&O since 1995.

Eric, who once took 10 cruises

in a year, says South America is his favourite destination and regards swimming within the Arctic Circle as a particular highlight.

Hawaii must be up there too. This was a momentous trip, even before a whale took his bow.

Travel facts

Roger Watkins travelled with Princess Cruises on the 16-night round trip from LA departing every 14 days between Sept 28, 2010 and April 26, 2011. Prices from £1,499/€1,755, include return flights ex-Heathrow, airport, transfers and overnight hotel accommodation and inside category stateroom.

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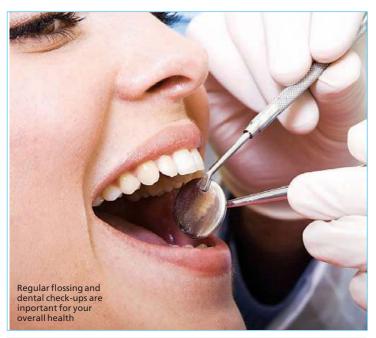
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Work on your smile

Your smile is one of the first things people notice, so it's vital to keep it looking bright and healthy.

Yetnew research reveals that Britons are nonchalant about the state of their teeth. Six out of 10 people have no concerns about their dental health, despite the fact that more than half of adults suffer from teeth and gum problems.

This lack of concern about dental health is why the British Dental Health Foundation (BDHF) - who carried out the research with Listerine - are urging people to look after their teeth and keep them for life as part of this year's National Smile Month Teeth4Life campaign, which runs from May 16 to June 16.

Dr Nigel Carter, chief executive of the BDHF, says: "When the first ever Smile campaign was launched more than 35 years ago, one in three people over the age of 16 had no teeth at all.

"Fortunately, these days the situation is a much happier one. Most of us expect to keep our teeth for life and indeed do so.

"National Smile Month is all about educating people on how to make the best of their smile."

However, while the oral health situation is indeed happier and gives us all more to smile about, just 12 years ago as many as 13% of UK adults had lost all their natural teeth.

With 28% of today's UK population wearing dentures, the BDHF believes people should pay more attention to their oral hygiene than they currently do.

The campaign is encouraging Brits to:

• Brush teeth twice daily with fluoride toothpaste.

• Visit the dentist regularly, as often as they recommend.

• Cut down on how often you have sugary snacks or drinks.

The BDHF has found that those people who believe they're brushing their teeth for the recommended two minutes are actually brushing for only 56 seconds, and as many as 13% of people brush once a day or less.

In addition, a third have never flossed their teeth, and more than seven in 10 eat sugary foods at least once day.

Such people may need to change their habits, and see a dentist regularly.

According to the NHS, people that have never had gum disease and have good oral health may only need a dental checkup once a year, or possibly every two years. But those with a history of oral disease need more frequent visits, perhaps as often as every three months.

However, as many as four in 10 people (43%) admit to putting off visiting their dentist due to the expense.

Charges vary widely across the country, and are obviously much cheaper for those lucky enough to find an NHS dentist.

But any cost should be weighed against the fact that dental health problems have been linked to more serious general health problems.

Carter says: "New scientific evidence of systemic links between oral health and overall body health continues to mount. Gum disease has been linked to diabetes, strokes and pregnancy problems as well as heart disease, so it's vital to look after oral hygiene.

"Almost all of us suffer from gum disease at some point in our lives, but it's easy to control it and prevent serious risks."

Dentist Eddie Coyle, clinical director of Oasis Dental Care, which has 182 dental practices in England, Wales and Northern Ireland, says people need a good partnership both with their dentist and their toothbrush to maintain good oral health.

"Having a good relationship with your toothbrush tends to be a reasonable starting point. "There also needs to be a

"There also needs to be a good partnership between the patient and the dental team - it lets the patient understand











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Children should learn to have regular dental check-ups from a young age

what's wrong, where their mouth's at and what the treatment options are."

He says that six-monthly dental check-ups are "a myth from times gone by", when in fact check-ups should be based on individual need.

Parents are advised to take children to the dentist as early as possible, not necessarily to have a dental examination but so they can see what the surgery's like and parents can get advice

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about diet and toothbrushing for

As for toothbrushing, he advises people to aim for at least two minutes, and to choose the brush that's right for them with the help of their dental team.

"Many people regard electric toothbrushes as some sort of magic wand. But you still have to put it on the right surface at the right angle and with the right pressure to do the right job.

"So there are many individu-

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als who find a good manual technique just as effective."

Another important way of looking after your teeth is looking after what goes in your mouth.

"It's not how much sweet stuff you have, it's how often you have it," says Coyle.

If you have a "sweet episode", the mouth takes around an hour to recover from the resulting higher acidity levels, which can

cause dental decay.
So it's best to eat sweet things around mealtimes, if possible, because they'll probably already include a "sweet episode"

Coyle, 41, says it's also best to try to limit foods which have

sugars or hidden sugars in them, such as fizzy drinks or tomato sauce, and be careful with naturally occurring sugars found in things like raisins or fruit juices.

This is where dentistry versus medical advice will sometimes come into conflict, because what's necessarily good for your teeth isn't always necessarily good for that individual patient.

"So if you're having healthier snacks, just be careful - watch out for anything to excess, it could be a problem.

Coyle also points out that people should always remember that cleaning between the teeth is as important as cleaning the teeth themselves.



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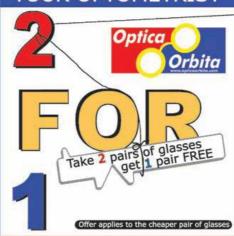
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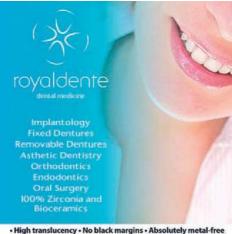
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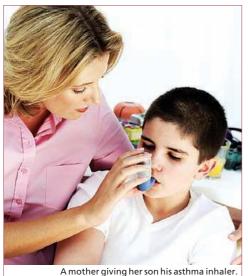
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50 moreforwomen The Portugal News • 22 May 2010

Is it as simple as just breathing?





A mother holding an oxygen mask over her son's face.

Asthmatic teenager Lloyd Price could need the life-saving help of a stranger at any time. Lisa Salmon looks at the weird, wonderful and sometimes weary world of parenting.

The 13-year-old has been revived on four separate occasions after his severe asthma caused two cardiac arrests and two respiratory arrests, and his mum Kim lives in fear that next time he might not be so "lucky".

His condition requires prompt action if he's having a severe attack - yet a new Asthma UK survey has found that 88% of UK adults wouldn't be confident about helping a child having an asthma attack.

In addition, three quarters of teachers in England don't feel confident about what to do if a child in their class has an asthma attack, according to another survey of 1,600 teachers across England conducted in February 2009 and released by Asthma

Such a lack of confidence led to the death of 11-year-old Sam Linton, who had an asthma at tack at school in December 2007.

An inquest into his death in March this year heard that the school staff lacked vital training on how to recognise an asthma attack, and Sam died after being left in a corridor for several hours.

Sam's story terrifies Kim, and her fear is not eased by the Asthma UK survey findings. She says: "I know that Lloyd

could die - we've nearly lost him on a number of occasions, despite the best care possible.

"People just don't know what to do - with asthma, the action you can take is very simple, and can be life-saving.

"But even if people do know to give an asthmatic their medicine, in an emergency they worry, or they forget, or think they're giving too much.

"Dial 112 if you've got any doubts at all."

The lack of public awareness about asthma is particularly worrying when you take into account the fact that asthma is the most common long-term condition in UK children, affecting more than a million of

A child is admitted to a UK hospital as a result of the condition every 19 minutes, and the equivalent of a classroom of children die from asthma every

Neil Churchill, Asthma UK's chief executive, says: "The complacency that exists about asthma in the UK is shocking and dangerous and cannot continue.

"Every member of the public needs to know the signs of worsening asthma and what steps to take if someone suffers an asthma attack.

"Not acting quickly enough can result in needless deaths that shatter lives."

Typical symptoms of asthma include wheezing, coughing, shortness of breath and feeling like you've got a

Asthma nurse specialist

Erica Evans says that during an asthma attack it's likely that these symptoms will become much worse

It's a serious sign if the asthmatic has difficulty speaking.

"In situations like this you should make sure they take two puffs of their reliever inhaler (usually blue)," she explains.

"If there's no immediate improvement, continue to get them to take one puff of their inhaler every minute for five minutes, or until symptoms improve.

'If they don't improve, or you're in doubt, call 112 or a doctor urgently and continue to get them to take one puff of their reliever inhaler every minute until help arrives."

Asthma UK says the majority of life-threatening asthma attacks could be avoided through better routine asthma management and the use of personal asthma action plans.

Lloyd, who lives in Oxford, has such a plan, which details his medication, how to tell when he's getting worse, and what to do.

Those with a plan are four times less likely to suffer a serious asthma attack requiring hospital treatment.

Research scientist Kim, 49, has regularly gone through the plan with teachers at Lloyd's school, and he can only go on typical teen events such as sleepovers if they're with a family that lives very close, and they're aware of the plan.

Kim says: "It's very frightening to have been where Lloyd's been.

"But he's seen children in hospital much worse off than himself, and he thinks of himself as lucky because he can move on from it.

"But I've always wondered if our luck's going to run out next

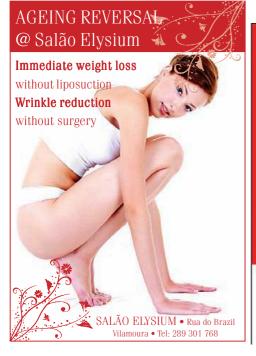
"When people say asthma kills, I just think yes it can, and it can creep up on you.

"But the bulk of asthma deaths are so preventable, if people just knew what to do."





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Take it to the



Lisa Haynes advises to go to longer lengths in this season's must-have

The nation's floors are set to become a whole lot cleaner this summer - and that's nothing to do with the new Cam-Clegg takeover. The ground-grazing maxi is this season's statement length.

Models at Chloe, Aquascutum and Basso & Brooke floated down the catwalks in maxis which give their brasher mini-skirt sisters a real run for their money.

This shift from short to long. is one you shouldn't have to think too hard about.

Agreed, the hemline is a potential trip hazard, but wearers will no longer have to worry about epilation or pasty pins - or per-haps even footwear.

The trend has real longevity on the High Street too. All things uber-long will see you through the upcoming autumn/winter season when you swap your flipflops for ankle boots.

So go to great lengths this summer and embrace maxi mania.

Hippy Bohemia

Think maxi and the style that springs to mind for high summer is the timeless Ossie Clark-inspired billowing frock.

If seventies fever still puts a swing in your step, embrace your inner hippy and take inspiration from Etro and Stella McCartney who paraded floaty maxis updated with modern digital prints.

You can give an everyday maxi a boho spin via accessories. Pile on the bangles, throw on a psychedelic headband or go the whole hog and buy a pair of this season's clogs for Woodstock chic.

Rocky rebellion

Farewell pretty maxis and hello grungy minimalism.

Longer lengths have been given a makeover this season with sleeker shapes and less fuss in a simple colour palette of blacks. whites, greys and smudgy khakis as seen at Chloe and Aquascutum.

Maxi length jersey skirts are the new kid on the block to embrace this tougher look. Team with flats for extra attitude.

Toe the rock chick line further by playing with proportions and teaming your cement-sweeping hemline with a black leather biker

Princess perfection

You don't have to reserve your maxi for daytime or beach attire. Full length can equal super-luxe.

Draped styles in neutral hues like nudes, greys and blacks as seen as Pucci and Elie Saab are a modern take on the trend with a nod to the Grecian style.

Keep it simple or pile on statement jewellery pieces to change the look of the dress every time you wear it.

Alternatively try a maxi with some inbuilt bling. Embellishments such as beading, sparkle or embroidery will really add the wow factor to your look for a special occasion.

Maxi styling magic

Whatever your vital statistics, there's a maxi out there that will make you feel like you're float-

Noelle Designer Adam (www.noelleadam.com), who specialises in limited edition maxi dresses, says: "While the maxi is a timeless style that embraces the feminine shape and suits all figures, and ages, there are key points in getting this look right.

Heiaht

"The perfect length of the maxi should be ankle or just above ankle length, approximately 1cm from the floor," Noelle advises. If you would rather wear

wedges or heels than flats, take them with you when you're trying maxis on to ensure you get the desired drop.

Shape

"If you have a curvier shape, flat sandals often look better for a more casual look," Noelle says. Choosing block colours can have a slimming effect and floral patterns and prints will disguise waistlines.

Opt for strappy or halterneck maxis with fuller skirts if you have a rectangle or inverted triangle body shape.

Extras

"The maxi's key appeal is that it can be dressed up or down with accessories," says Noelle.

Move the maxi look on from beachwear to evening glamour with statement jewellery and towering heels.

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52 goodfood

Eat shoots and leaves



As the summer salad season approaches, pioneering 'leaf doctor' Steve Rothwell tells Becky Seales about his new range of bagged salads and why stroking your lettuces is the key to producing better leaves.

In many fridges, "salad" used to mean flavourless iceberg lettuce and a tomato or two, but a quick scan of the supermarket shelves will now reveal as many as 25 different bagged salads on offer for the discerning leaflover.

The main UK supermarkets sell a staggering 334 million bags of salad per year. So what turned salad from a cottage industry into a £400m (€469m) a year business?

Steve Rothwell, a farmer and self-declared "leaf boffin" with a PhD in Watercress from Bath University, has watched demand for leaves explode since the 1970s, when supermarkets first began to sell lettuce in bags.

began to sell lettuce in bags.
He believes the convenience of bagged salad was the key to its early popularity: "In the 1970s, supermarket produce counters were just a jumble of tired-looking whole-head lettuce, a 'help-yourselves' sort of affair. But in 1976 Britain had a long, hot summer, and when watercress was launched in bags it flew off the shelves. I think that started what became a massive trend; people picking up something that was more consumer-friendly."

Steve says that shoppers relished buying salad that could be eaten straight from the bag without the need for chopping or washing, so during the 1980s and 1990s the market continued to expand. Consumers began to pay more attention to flavour, buy-

Dr Steve Rothwell holding a bunch of a new type of baby watercress, at the Vitacress Cress beds in Hampshire. ing into new types of leaf such as baby spinach or rocket, which was championed by Delia Smith.

Today, there is another concern which motivates shoppers' choices, and that is the impact their food has on the environment.

Steve's Leaves (www.steves leaves.co.uk) is the only salad producer compliant with the Conservation Grade scheme, whose stringent protocols require farmers to set aside 10 per cent of their land for conservation purposes. While this is impressive, Steve admits he has yet to solve the main environmental problem raised by bagged salads - the bags can't usually be recycled.

Thankfully, Steve believes a compostable salad-bag could be just around the corner: "We've had trials going for two years, using a starch-based material to create a biodegradable bag. I would say it's possible within a year or so, it's just about finding something that ticks all the boxes in terms of fitness for purpose and safety."

Like ice-cream, salad inevitably sells better in hot weather. People buy 50 - 60 per cent more during the summer, and with forecasters predicting above-average temperatures this year, bags could be set to fly off the shelves the way they did in 1976.

Steve expects the football World Cup to encourage customers, too: "They'll be sat in front of the tellie, a lot of people round, pizza and beer - and then having some salad because either their wives are worried about their health, or they are!"

So if you're a recent salad convert, how should you distinguish between the huge array of op-

tions, every bag promising superior flavour, colour or organic credentials? It depends if you're prioritising taste, novelty or health benefits. Steve hopes to cover each of these bases with his own range of salads, recently launched as "Steve's Leaves".

The wasabi rocket - branded "Super Hot Rocket" - was bred for its powerful flavour, and will appeal to those who like their salad with a spicy kick. For those who want a taste of the next big thing, his "Shoots and Leaves" mix contains peashoots, the latest leaf to grace London restaurants. And for the health posse who demand nothing less than a super-food, he offers "Nose-Tinglingly Peppery Baby Watercress", which contains more iron than spinach, more vitamin C than an orange, and more calcium than whole milk. Cut earlier than the traditional variety, baby watercress lacks the long, stringy stalks that can protrude when you chew normal cress - what Steve calls "the Ermintrude ef-

For those who will spend the summer on their allotments rather than the sofa, Steve has the following special tip: Gardeners growing their lettuces under plastic should bear in mind that they like to be stroked.

Research by Vitacress, the parent company of Steve's Leaves, has shown that leaves grow stronger and tastier when rustled by the wind. If they are growing in polytunnels or greenhouses, they respond well to stroking, which stimulates the same enzyme as wind-rustling and produces leaves of superior colour and flavour.

Flags flying high at Monte do Casal



Some weeks ago an invitation was sent to all the Algarve members of the Chaîne ds Rôtisseurs proposing that we get together for what was called 'A Friendly Gourmet Lunch' on Saturday 15th May at Monte do Casal near Estoi.

Living in the Algarve as we do, it was taken for granted that the sun would be shining and luck being on our side, it was. Being part of the Chaîne it was a forgone conclusion that the fellow lunch guests would friendly and we knew that Bill Hawkins and his professional team at Monte do Casal could be relied upon to give us a wonderful gastro-nomic meal, but it came as a delightful surprise when, with quiet competance, they went on to surpass our expectations in both the quality of the food and the service.

It is always nice to go home with a good taste in your mouth and after our lunch last Saturday there were plenty to choose from. Lovely Amuse Bouche to begin with, excellent Smoked Seared Scallop and Foie Gras followed by a very simple sounding Tomato and Origano soup which must have taken hours of care to make. A taste of very special Lobster. A Champagne sorbet.

Roasted boned Quail with Mushroom and bacon Duxcelle with a Rosemary and Madeira sauce. things, Ta to follow.

And finally a selection of sweet

things, Taylors LBV and coffee to follow.

Congratulations to Bill Hawkins for keeping the flags flying so high at Monte do Casal for more than twenty years and to Chef de Cuisine, Paula Matias and Maitre d'Hotel, Jose Fernandes. With hind sight perhaps the invitation should have read: 'A Memorable, Friendly and excellent Gourmet Lunch' at Monte do Casal.



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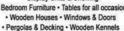


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casa - Is a local social group established over 20 years ago. A friendly group who have a monthly newsletter and at least one activity per month, usually dinners at local venues. We have and annual trip to Spain or within Portugal, plus other activities. Open o everyone. For more information and a sample newsletter give Mary a call on 282 357 275.

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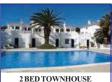
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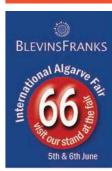
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Wine Show

Several different wine companies will be bringing their top vintages. Space to sit, talk and taste.

Business + Zone

A new area in the Pavilion which will be quieter and more reserved. Incorporating a lounging area and champagne

Fire & Rescue displays all day

The Lagoa firemen plus fire engine, ambulance and special 'rescue' and lifesaving demonstrations for children and the chance to put out a real fire!

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'Me and My Phone' art competition for children sponsored by Optimus. This promises to be a wonderful art display on the back wall of the Pavilion.

Sports Clubs and Workshops

Find out about art, ballet, football school, scuba diving, flower arranging, cooking, fashion and more at the daily workshops and demos and in the Club area.

Food Arena

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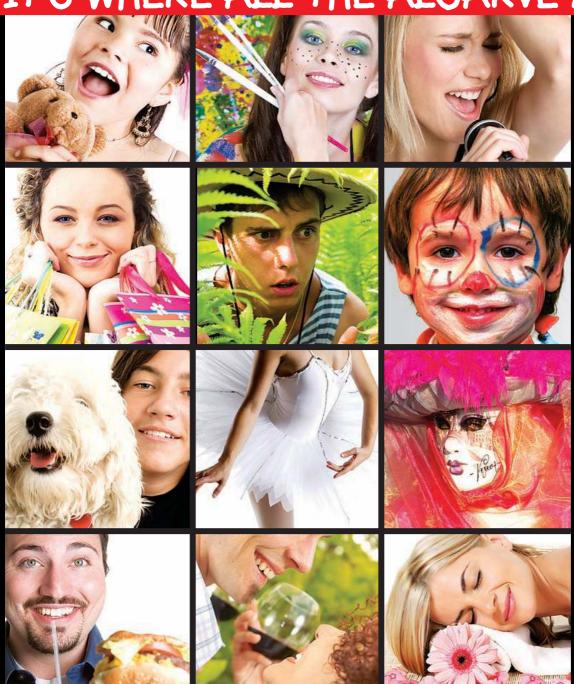
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FC Porto lift Portugal Cup



Most competitive World Cup in years – says Queiroz

Portugal's manager Carlos Queiroz has said that this year's World Cup will be one of the most competitive and balanced in recent times, adding that Ivory Coast have the ability to surprise many.

"In this day and age, world football is completely different, the teams are much more competitive. The 2010 World Cup will be the most competitive in the last three or four, due to the level of the players and the teams competing" said the Portuguese

This high level of teams will bring surprises, claims Queiroz, who says that Ivory Coast have the capacity to go far, they being Portugal's first adversary in group G, on June 15th. "I'm not the only person saying this, so are the analysts, Ivory Coast is

the team that everybody is betting on as being the favourite African team to reach the semi-finals for the first time ever" said the former Manchester United assistant coach.

Carlos Queiroz is currently preparing his players at the Covilhã training camp for their 2010 South Africa World Cup campaign, not setting any con-crete objectives and focusing only on the upcoming group stage matches: "Getting over the first bridge. That will be our path, game after game" said the manager.

Tommy Broad

FC Porto won their first trophy of the season last weekend after beating Chaves in the final of the Portugal Cup at the Jamor Stadium. It is the 'Blues' fifteenth Portugal Cup in its history, with their Colombian players making the difference.

In order to reach the final of the Portugal Cup, FC Porto eliminated five teams: Sertanense, Belenenses, Sporting and Rio Ave; whilst Desportivo de Chaves pushed aside six: Amares, Leça, União da Serra, Beira-Mar, Paços de Ferreira and Naval.

Although the final result was 2-1 in favour of FC Porto, the score should have been far greater for the 'Blues' as they dominated the match throughout. As soon as the initial whistle blew, FC Porto piled on the pressure and Chaves were pushed to their backline, with several efforts menacing Rui Rego's goal. Edu almost surprised the stronger team with a long range effort hitting Helton's post, but it was FC

Porto who put the first in, Guarín scoring within the fifteen minute mark with a potent

The initial advantage seemed to motivate FC Porto as Hulk pulled off an amazing solo play, whilst Chaves could only menace the 'Blues' with their long range efforts, rarely posing a threat to Helton.

A goal from another Colombian arrived ten minutes after the first one, with Hulk being selfless when one on one with the keeper and passing to who only needed to push the ball into the back of the

Many more goal opportunities were wasted by FC Porto in the match, demonstrating the disparity between both finalists of the Portugal Cup.

Chaves managed to claw one back towards the end, with a valiant effort from late substitute Clemente beating Helton, making the final five minutes of the match very tense for FC Porto as Chaves seemed confident they would

Such did not happen though, and FC Porto took their only trophy this season with great joy at the Jamor Stadium, much to the delight of their fans.

Photo: FC Porto player Falcão holds the Portugal Cup after their match against Chaves at Jamor Stadium near Lisbon on May 16th. (Photo: EPA/Mário Cruz)





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